

Munch Sun

Optimist Club Blues & Jazz Festival

Sunday, November 3 Noon to 7 p.m. See page 17

VOL. 27, NO. 18

SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 1, 2019

NOVEMBER SUNRISE/SUNSET: 1 7:37 • 6:47 2 7:38 • 6:46 3 6:38 • 5:45 4 6:39 • 5:45 5 6:40 • 5:44 6 6:40 • 5:43 7 6:41 • 5:43

SCCF Sea Turtle Season Wraps Up

With the second highest number of nests on record for both loggerhead and green sea turtles, and a new record number of hatchlings, Sanibel-Captiva Conservation Foundation (SCCF) has finished tallying up an amazing comeback season on the islands.

"We were just 24 nests short of our record for loggerheads on Sanibel and only one nest away from our record for loggerhead nests on Captiva," said Kelly Sloan, SCCF Sea Turtle Program coordinator.

Aside from regular monitoring of sea turtle nesting season, which runs from May to October, SCCF staff also took on a number of research projects intended to increase the understanding of sea turtles.

"Our dedicated team put in a lot of work across all aspects of our program, from nest monitoring to stranding response to research projects, contributing much to the successes we've seen this year," said Sloan. "We also are so appreciative of our volunteers. With their hard work and



Back from left, Mike Mills, Courtney Thomson and Jack Brzoza. Front from left, Ellie Philips, Andrew Glinsky and Kelly Sloan, with Andrea, a green sea turtle.

positivity, they keep the sea turtle program running."

Nearly 100 volunteers logged 5,426

Nearly 100 volunteers logged 5,426 hours this season, the highest amount ever, showcasing their passion for conservation during an extremely busy season.

Staff conducted five research projects during the course of the 2019 season including a sea turtle tagging project; two brevetoxin accumulation studies to investigate the impacts of red tide on sea turtle strandings and in nesting females; a

green sea turtle satellite telemetry project and a groundwater impact study.

The sea turtle tagging project started in 2016. Since then, 636 unique turtles have been tagged, measured and identified on Sanibel. The average size of a loggerhead was 94.5 cm long and 66 cm wide. The night-time tagging project achieved a new record in 2019 with 352 turtle encounters.

"Staff interacted with 1,126 beachgoers, handing out red light filters for flashlights and educating them on sea turtle friendly beach practices," said Sloan.

In their red tide research, the team is

In their red tide research, the team is working with scientists from SCCF's Marine Lab to collect and test tissue samples to determine brevetoxin concentrations in sea turtle strandings. They are also examining sea turtle stomach contents to see how what they ingested may have impacted the level of brevetoxins. Preliminary results show red tide as a likely mortality factor in nearly all of the turtles sampled.

"We're also evaluating the impacts of

"We're also evaluating the impacts of red tide on maternal health and potential transfer of brevetoxins to hatchlings," said Sloan

The green sea turtle satellite telemetry continued on page 26



Black Crowned Night Heron by Renée Chastant

image provided

Art Exhibit At Bailey Homestead

Tative is the theme for a new exhibit at the Bailey Homestead Preserve in November. Featuring art in diverse media created by members of Sanibel-Captiva Conservation Foundation (SCCF)

and the artists of Sanibel Captiva Art League, this exhibit spotlights the flora, fauna, land and sea particular to our local environment.

See what "native" means to local artists as they depict various facets of the surrounding ecosystem and the culture that islanders strive to protect. Gain inspiration continued on page 27

BIG ARTS Documentary Series To Resume

by Di Saggau

The BIG ARTS Documentary Series returns Wednesday, November 13 at Island Cinema on Sanibel, for four consecutive weeks. The films are selected and led by yours truly. I am a member of the BIG ARTS 2020 Film Series Committee, past president of the Film Society of Southwest Florida, and feature writer for the Island Sun and The River Weekly pewspapers

Weekly newspapers .
People often ask how I select the films. What I look for are critically acclaimed documentaries that will not only entertain but also educate in some manner. For the series, I have selected films about four different people with special talents. The first documentary to be shown on November 13 is Free Solo, a staggering film about extreme climbing. A young man, Alex Honnold, has a fascination for "free soloing," which involves scaling sheer cliffs alone without ropes, harnesses or any protective equipment. It's a gripping and rewarding documentary to watch.

On November 20, the documentary is *Amazing Grace*, a tribute to a musical genius, Aretha Franklin. Filmed in a Watts, California church in 1972 during the



image provided

recording sessions for a live album of the same name, it's a film that Franklin would not allow to be released, but after her death, her family gave permission. It's a joyous experience and shows what it was like to be in a church in Watts in the early '70s

On December 4, the film focuses on 1940's Hollywood actress Hedy Lamarr,

continued on page 8

Highlights From Let's Pink Out! Sanibel And Captiva



On October 24, the 8th annual Let's Pink Out! Sanibel & Captiva luncheon was held at Sanibel Fire Rescue District Station #1. Pictured are some the events' organizers, sponsors, volunteers, supporters and breast cancer survivors.

photos by Jeff Lysiak



From left, Vanessa Scott, Marsha Newton and Wendy Law from Yollo Wellness Center



Kay Casperson and Nancy Helmrich



Rebecca Frey and Alma McClure



Cindy DeCosta and Kerra Pike from Children's Education Center of the Islands



Lanet Merrill and Brian Gaffey



Kingfisher Vacations & Real Estate, represented by Phaidra McDermott, center, and Kate Stone, right, donated \$500



Let's Pink Out! organizers and supporters



Limited edition 2020 ornament designed by Luc Century photo provided

Refuge To Extend Hours For Holiday Shopping Night

ree refreshments, extended hours and complimentary gift wrapping will be offered on Tuesday, December 3 at the JN "Ding" Darling National Wildlife Refuge Nature Store 6th annual Holiday Shopping Night. The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) will keep the store open two extra hours after the center closes, from 5 to 7 p.m.

The date also marks the nationally promoted Giving Tuesday, and the store will set up a Giving Tree that allows donors to contribute to education, land acquisition and research projects at the refuge in the name of a loved one for holiday gifting.

This year's shopping night is part of the refuge's 75th anniversary celebration, and the Nature Store will debut the 2020 Luc Century ornament, which features the iconic anniversary bird, a roseate spoonbill. The limited-edition ornament officially goes on sale that evening.

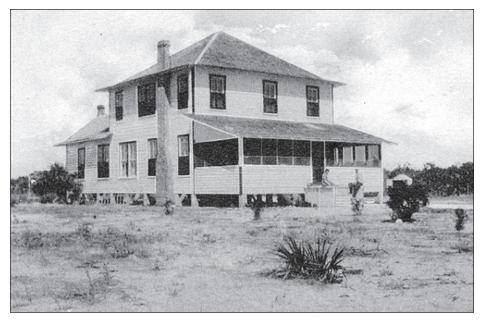
The Refuge Nature Store has stocked other special holiday items for the event, and it will have gift consultants ready with suggestions and free gift-wrapping with recycled paper. Shoppers who spend more than \$20 receive a free gift.

"All profits from Nature Store purchases go directly to benefiting wildlife and conservation," said Nature Store manager Ann-Marie Wildman. "This has been a fun way to get everyone into the holiday spirit with an altruistic twist."

The Refuge Nature Store carries a full line of birding and nature books for adults and children, wildlife toys and games, local artisan wares, wildlife holiday ornaments, gifts made from recycled materials, nature-themed jewelry and home décor, logo T-shirts and hats, and a variety of stocking stuffers and other gifts for all ages.

For more information, call 472-1100 ext. 241. To learn more about 75th anniversary events, visit www.ding75. org.





The Palms Hotel

photo courtesy Sanibel Historical Museum and Village

Sanibel Historical Museum And Village

Landmark: The Palms Hotel

This week's image is The Palms Hotel, built and run by the Shanahan family. Henry Shanahan was an early lighthouse keeper, and his sons and stepson also assisted at the light.

Learn more about the history of Sanibel at the Sanibel Historical Museum and Village, 950 Dunlop Road, next to BIG ARTS. Hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit www.sanibelmuseum.org or call 472-4648.

Churches/Temples

ANNUNCIATION GREEI ORTHODOX CHURCH

Rev. Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch. org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

HISTORIC CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Services every Sunday 11 a.m. November 10, 2019 thru April 26, 2020. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf

Drive, 472-8684. **SANIBEL FELLOWSHIP, sbc**

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary; 11 a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch. com, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m. Full service at 9 and 11 a.m. with Sunday school and nursery care provided, www.sanibelucc.org, 2050 Periwinkle Way, 472,0407

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Alan Kelmereit, Priest-in-Charge Saturday Eucharist 5 p.m., Sunday Eucharist 8 and 10:30 a.m., Sunday School 10:30 a.m., Tuesday Morning Prayer 9 a.m., Wednesday Healing Eucharist 9 a.m., Prayer and Potluck 1st Wednesdays 6 p.m., Taizé Service 3rd Wednesdays 6 p.m. www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.



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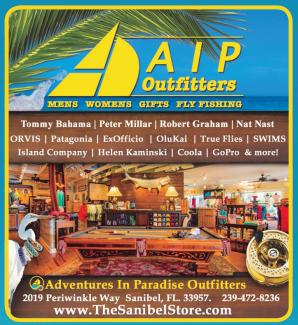
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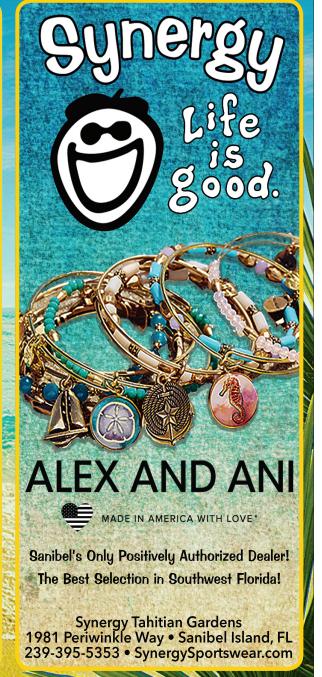


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For individual shop information: www.ShopOnSanibel.com





Russian Ensemble To Perform At St. Michael's

hoRuss, an acclaimed Russian vocal ensemble, returns to St.
Michael & All Angels Episcopal Church for its fourth appearance beginning at 6 p.m. on Friday,
November 15 in the church Sanctuary. The ensemble consists of professional musicians, singing Russian traditional and spiritual music.

According to Dmitri Petrov, director and tenor, ChoRuss specializes in sacred repertoire of the 19th and 20th centuries that accompanies worship in the Russian Orthodox Church.

"Many important Russian composers were inspired by the Orthodox tradition," said Petrov. "We are delighted to bring this repertory to Sanibel and St. Michael's once more. We hope to tell our audiences, through music, about Russia and its cultural heritage."

The repertoire is sung a cappella in the ancient Orthodox style. The program features music by Rachmaninoff as well as Russian composers little known in the west, including Bortniansky, Popov, Chesnikov and Ippolitov-Ivanov. The program also includes Byzantine chant, Russian folk songs and Christmas carols.

Founded in 2012, ChoRuss has performed in France, Germany, Switzerland and the United Kingdom.



ChoRuss

It is currently on a concert tour in America, with performances in Florida, Alabama, Georgia, North Carolina, South Carolina and Tennessee. The singers, conducted by Petrov, are all conservatory-trained, professional soloists.

St. Michael's priest-in-charge, Alan Kelmereit, said, "The singers are amazingly talented. We are so glad to have them back with us again. Their sacred music is deeply inspiring, the folk music is filled of joy, and Dmitry's sense of humor is ever present."

The concert is free and open to the public; tickets are not required. Freewill donations will be accepted. A meet-the-artists reception, with light refreshments, will follow the concert in the church's Parish Hall. ChoRuss's photo provided

CD, Russian Spiritual and Folk Songs, will be available for purchase during the reception.

St. Michael and All Angels Episcopal Church is located at 2304 Periwinkle Way on Sanibel.

For more information on the Music Ministry at St. Michael's, contact Alan Kelmereit at 472-2173 or visit www. saintmichaels-sanibel.org.





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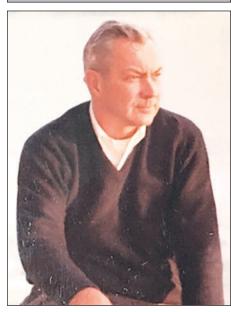








OBITUARY



GEORGE HORNING LOWDEN

eorge Horning Lowden, 98, passed away at his home in Fort Myers, Florida on October 7, 2019, the day after what would have been his wife Louise's 96th birthday. She passed away on May 17, 2018.

George had a fabulous life, was greatly loved, and will be missed deeply by all his family and friends.

He was born May 27, 1921 in Elizabeth, New Jersey, son of Francis Viele Lowden and Mable Horning Lowden. He was the brother of Francis Viele Lowden, Jr. of Richmond, Virginia and Patricia Joan Lowden of New York

George was educated at the Pingry School, The Lawrenceville School in

Vegetation

Trimming On

San-Cap Road

Tegetation trimming along Sanibel-

Captiva Road began on October

29 and will continue through

p.m. daily. Trimming will take place along

Sanibel-Captiva Road from Blind Pass to

Friday, November 8, from 8 a.m. to 5

Tarpon Bay Road on the south side of

New Jersey and Dartmouth College, class of 1943.

He served in World War II as a naval aviator, PBY Flying Boats, before being assigned to Naval Air Transport Service (NATS). He flew DC-3, DC-4 on Transcontinental, West Coast and Alaskan/Aleutian Routes.

George worked mainly in the petroleum industry (25 years) with Standard Oil of New Jersey, ESSO Research, ENJAY Chemical Co. (now EXXON Chemical Co.) and Lubrizol Corporation. He spent a year with Eastern Airlines out of Newark following World War II, and continued his lifelong interest in flying in the Naval Reserve and privately in his own planes.

He was a director of the Barton Mines Corp., Mooney Chemical and Wallover Oil Co.

George married Louise Josephine Littlefield of Philadelphia in 1950. They lived in Chatham, New Jersey; Hudson, Ohio, Bloomfield Village, Michigan; and Shaker Heights, Ohio. They retired to Sanibel Island in the mid-1980s and subsequently moved to Fort Myers, Florida.

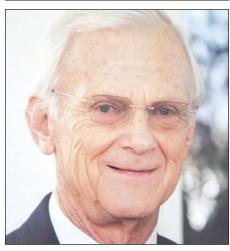
George is survived by three children: George Horning Lowden, Jr. (Jane) of Marblehead, Massachusetts; Josephine Sholler Lowden Chapman (John) of Shaker Heights, Ohio; and David Barton Lowden (Kelly) of Fort Myers, Florida. He had eight grandchildren: Philip Barton Lowden (Bart) of Marblehead. Massachusetts; George Horning Lowden, III (Sandy) of Marblehead, Massachusetts; and Margaret Louise Chapman, Philip Lowden Chapman and George Russel Chapman of Shaker Heights, Ohio; Emery Louise Lowden, Skyler Barton Lowden and David Barton Lowden, Jr. of Fort Myers, Florida.

the road, weather permitting.

Due to the nature of the vegetation work, one lane of Sanibel-Captiva Road may be intermittently closed to traffic for short periods of time. Be prepared for delays. The City of Sanibel requests that drivers and pedestrians proceed slowly and cautiously through the area when workers are present.

Contact the City of Sanibel Department of Community Services Public Works Division at 472-6397 if you have any questions.☆

MEMORIAL SERVICE



JIM GRIFFITH

im Griffith passed away on Sanibel on April 26, 2019 at the age of 83. Jim was born in New Britain, Connecticut but spent most of his

adult life in Georgia and then moved to Sanibel in 1999 while keeping his mountain home in Georgia for the summers. For the next 20 years, Jim was the consummate volunteer, a man of great integrity, energy, ability and dedication, working to improve Sanibel and protect the ecosystems that are critical to Sanibel's native wildlife.

Jim was a 10-plus-year volunteer with "Ding" Darling and CROW. He also served as president of the Island Water Association, The International Osprey Foundation and Sanibel-Captiva Audubon Society.

Jim's family is planning a memorial service on Sanibel for Saturday, November 16 at 11 a.m. at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way. A reception will follow the service.

In lieu of flowers or gifts, Jim would have appreciated a donation in his memory to Sanibel-Captiva Audubon Society or The International Osprey Foundation.

From page 1

Documentary

one of the most beautiful women in the world. "Bombshell" shows she was much more than a pretty face; an Austrian Jewish emigrant who acted by day and drew mechanical and electronic inventions by night. She created a radio system that is now considered the basis of Bluetooth technology. She also came up with a secret communications system to help the Allies beat the Nazis.

The final documentary on December 11 is my favorite. Pavarotti. Ron Howard's documentary about Luciano Pavarotti combines new intimate interviews, never-before-seen footage, and some of Pavarotti's history-making performances. The portrait Howard paints, based on more than 50 interviews and enhanced with intimate home videos, is of an ebullient force who brought joy to the world and those closest to him. Howard puts audiences front row center for an exploration of the man, the legend. You don't have to be a fan of opera to enjoy

I hope you will join me and others for the four films in this series. They start at 12:30 p.m. at Island Cinema, located at



image provided

535 Tarpon Bay Road. Tickets are \$7 and available at the BIG ARTS box office, 2244 Periwinkle Way, www.bigarts.org or on the day of the film at the cinema. A discussion follows each film.☆

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Community House



Shell Craft lessons for all ages are held on Mondays at 10 a.m. photo provided

Culinary Socials

Culinary Socials are back for season. The first will be held on Saturday, November 2 and includes a pasta demonstration. Cost is \$25 for members and \$30 for guests.

On Thursday, November 7, there will be demonstration on making non-traditional Thanksgiving sides. Cost is \$25 for members and \$30 for guests.

On Saturday, November 16, there will be a hands-on class focusing on knife skills. Cost is \$45 for members and \$50 for quests.

Painting With Friends

Painting with Friends will be held on Wednesday, November 13 from 12:30 to 3:30 p.m. Future classes will be held from 1 to 4 p.m. Cost is \$10 per session.

Volunteer Breakfast

There will be a welcome back Sanibel Community Association volunteer breakfast and training at 9:30 a.m. on Friday, November 15. All volunteers are welcome. Those with food and beverage experience are needed to work in the kitchen once or twice a month. Others are needed to work and water in the garden.

BIG ARTS Current Events

The Current Events group from BIG



ARTS will continue to meet at The Community House on Mondays at 10 a.m.

Wednesday Current Events meetings will begin on November 6 at 10 a.m.

Sanibel Yoga

Sanibel Yoga classes resume on Tuesdays with Vinyasa at 10 a.m. and Gentle Yoga at 11:15 a.m. On Thursdays, yoga for all levels is held at 10 a.m. and Gentle Yoga at 11:15 a.m. Cost is \$18 for members and \$20 for guests.

Soups And Stews

Soups and Stews are now on sale for pick up in November and December for the holidays. Proceeds benefit children's scholarships for the Culinary Education Center of Sanibel.

Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Cost is \$3 to \$5 per project, supplies provided. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

Honey, Pickles and Jellies

Locally harvested honey is for sale, as well as chutneys, pickles and jellies made by Chef Jarred Harris.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call 472-2155.☆

Know The Signs Of Drug Abuse

arconon reminds families that the country is facing the largest manmade health crisis in history. Drugs are a problem nationwide and it's more important than ever to know the signs and symptoms of drug abuse.

To learn more about how to spot signs of drug abuse and how to help your loved one, visit www.narconon-suncoast.org/drug-abuse/signs-symptoms-of-drug-abuse.html. You can also visit www.narconon-suncoast.org/drug-abuse/ for more information

Call 877-841-5509 for a no cost screening or referral.



F.I.S.H. OF SANCAP

Holiday Programs for Joyous Celebrations

The annual F.I.S.H. Holiday Basket Program helps make the holidays a bit more joyous for our neighbors needing a hand up. Baskets with Thanksgiving meal ingredients along with a gift card to purchase a holiday protein will be distributed to neighbors who are generally known to F.I.S.H. through participation in other programs. Thanks to your help, F.I.S.H. anticipates that 100 Holiday Baskets will be distributed to our neighbors. Distribution will take place Mon.-Tues., Nov. 25-26 from 10:00 a.m. -4:00 p.m. and Wed. Nov. 27 from 9:00 a.m.-Noon.

Thank You For Being A 'Neighbor Helping Neighbors'

Donations for the Thanksgiving Holiday Baskets will be accepted at the F.I.S.H. Walk-In Center, 2430-B Periwinkle Way, Sanibel. Please contact Maria Espinoza for information at 239-472-4775.



Our Generous Donors Are Changing Lives

Your support, in large part, is how we were able to answer the over 18,000 service requests received in 2018—all of them our island neighbors. We are proud to say that 93% of every dollar donated goes directly to our programs and services. Without your tax-deductible donations, we would not be able to provide the services that we do. **OUR NEIGHBORS NEED YOUR HELP.** Please visit fishofsancap.org to learn how you can help.



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Christmas Open House At Noah's Ark Thrift Shop

oah's Ark thrift shop, located on the grounds of St. Michael & All Angels Episcopal Church, is in the process of redecorating for Christmas. To celebrate, volunteers invite the community to its 2nd annual Christmas Open House, called NOAH'S NOËL, to be held from 9 a.m. to 1 p.m. on Monday, November 18. On that day, the shop will sparkle with Christmas items and Christmas cheer for customers

There will be complimentary refreshments, including iced holiday cookies, gingerbread men and candy cane cookies, plus a Christmas punch. Santa Claus will be on hand to pose for pictures with customers.

Shoppers at NOAH'S NOËL will see twinkling lights from a forest of trees and ornaments from all over the world, including many with beach themes. Shelves will be lined with toys, Santas

and other items to delight children and bring fond memories back to adults. A kitchen section will feature

holiday cookbooks, cookie cutters and pans – anything Christmas related. Other items, including baskets filled with poinsettias, wreaths, greenery and garlands scattered throughout the store, will provide a magical and old-fashioned Christmas theme. Christmas books and numerous gift ideas will also available



Noah's Ark volunteers, from left, Bettie Modys, Neva Poole, Mickey Huff and Lee Williams photo provided preparing for the open house

for grandchildren, family and friends. The Ark offers, at bargain prices, women's and men's clothing, children's apparel, kitchen electronics and housewares, furniture and home furnishings, a large assortment of lamps, on occasion a collection of quality art, and a varied selection of books including excellent vacation reading - in its own book station, Barnes and Noah.

Noah's Ark longtime volunteer Adele Mattern described its other 80 volunteers as the "Noah's Ark miracle."

They come together to do all it takes to run a thrift shop, and to provide an essential service to islanders and the island's workers," Mattern said. "The Ark is a welcoming place to shop and to raise money for important causes. I am honored to participate in this mission. Our goal is to continue, and build on, our reputation for service."

In operation for more than 50 years, Noah's Ark is run by the women of St. Michael & All Angels Episcopal Church. Proceeds from Ark sales, coupled with monies from the parish's annual budget, go to more than 25 local, regional and global charities.

Noah's Ark accepts donations, which can be left during daytime business hours at the loading dock. Furniture items are accepted with the approval of the chair of that department. Items should be clean and in good condition.

The Ark volunteers and St. Michael & All Angels Episcopal Church extend their thanks to all donors who make the Ark's charitable mission a continuing

The Ark is open weekdays as well as the first Saturday of each month from 9:30 a.m. to 12:30 p.m., and from 5 to 7 p.m. on the second Tuesday of each month. For more information, call 472-3356.



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New Opportunities at Shell Point

The public is invited and many of these events are FREE

Series

Shell Point's Life Enrichment Series offers the opportunity to discover new things about yourself and the world you live in. Concerts, presentations, lectures, shows, special events and more!

explore

play

imagine

laugh

learn

inspire

November 2019

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Nov. 5, 12, 19 & 26 at 9:30 a.m

Learn About Shell Point's Signature Lifestyle

with Lifecare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. Admission to the presentation and tour is free; however, reservations are required by calling (239) 466-1131.

Nov. 4 through April 2020 Mon., Wed. & Fri.



Full Speed Ahead! Model Train Display Open

Shell Point's Gulf Coast Model Railroad is back on track and open for the season beginning Nov. 4. Join resident volunteers for a free tour of the 43' x 41' model train display that features several running trains and hundreds of recognizable geographic landmarks in Florida. To arrange a special tour for more than 10 people, please call (239) 454-2290.







Nov. 12 at 7 p.m.

Concerts & Conversations: Chamber Music with a Twist!

Shell Point kicks off the its 2019-2020 Fine and Performing Arts Series with a premier chamber group comprised of world-famous musicians Francisca Mendoza on the violin, Elaine Rinaldi on the piano and Anne Tormela, an international opera and Broadway singer. The trio performs classical chamber pieces, artistically woven in with beloved popular tunes and Broadway gems. Tickets cost \$30 and can be purchased online at www.shellpoint.org/concerts or by phone at (239) 454-2067.



Shell Point is a nonprofit ministry of The Christian and Missionary Alliance Foundation, Inc

Nov. 1 through Nov. 2 at 9 a.m. to 2 p.m.



2019 Artists and Artisans Holiday Bazaar Prepare to be "wowed!" Talented Shell Point residents spend the year handcrafting or enhancing unique items for sale during the Shell Point Holiday Bazaar. This free event, at The Village Church, features a large assortment of gift items for sale, along with a Love Boat Ice Cream. Cash or check only please. Visit www. shellpoint.org for more information.

Nov. 6 at 9 a.m. to 3 p.m.

Shell Point Library Book and Media Sale You're invited to shop the Shell Point Library's Annual Book and Media Sale on The Island! Choose from hundreds of books, music CDs, DVDs and audiobooks. Check out the special sale section of classic books. Cash or checks only.









Nov. 25 at 7 p.m.

Performing Arts Series: The Four Italian Tenors!

Featuring Alessandro D'Acrissa, Federico Serra, Federico Parisi and Giovanni Palma, The Four Italian Tenors will perform at Shell Point during its inaugural tour of the United States. This young Italian ensemble will present an extraordinary program comprised of opera arias and songs that fuse Italian charm with romanticism, lyricism, dramatic flair and operatic style. Tickets cost \$40 and can be purchased online at www.shellpoint.org/concerts or by phone at (239) 454-2067.

> Visit www.shellpoint.org/events for full listings of this month's events!

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causewayay. ©2019 Shell Point. All rights reserved. SLS-4042-19



Areas like this on the edge of a busy parking lot are left to go semi-wild, so they are populated with numerous native plants and insects photos by Gerr photos by Gerri Reaves

Plant Smart

Parking And Plant Watching

by Gerri Reaves

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INFORMATION

The next time you park your car in a vast parking lot, take a minute to observe whatever green space might be near. Semi-wild areas on the outer edges of parking lots are sometimes a good place to plant watch, and they might be more interesting than what's in the stores.

Such areas are usually undermaintained compared to a shopping center's medians, walkways and borders. They function as a giant swale, so in the rainy season, they can't be properly mown and develop into wetlands.

In dryer months, they might be mowed occasionally but are left to go to seed, which is a boon for pollinators, birds and small mammals.

The spot pictured here is an example. Cars line it on one side and busy roads on the others. Nevertheless, you'll find an astonishing number of plant species in that little ecosystem, including the three common native ones shown here.

These three thrive in freshwater habitats like swales, ditches, canals, swamps, marshes and even along roadsides.

String-lily's (Crinum americanum)



Leather fern can grow to more than 10 feet tall

large white flowers abound in this suburban field. The common name is a misnomer, for it is a member of the amaryllis family.

Two to six flowers appear in clusters on tall stalks that arise from a whorl of strap-like leaves. The fragrant flowers have three arching narrow white petals and three white sepals and purple anthers. They bloom all year long in South Florida.

String-lily is pollinated by the sphinx

Leather fern (Acrostichum danaeifolium) is Florida's largest fern. It is highly salt tolerant, so it also grows in brackish water.

This member of the maidenhair fern family can reach more than 10 feet tall and reach a significant breath. Thick fleshy roots make it useful in erosion control.

The pinnate fronds are stiff and have 20 to 60 pairs of coarse leaflets. Leaflets are dark green and wavy with prominent midribs and under-curling edges.

The undersides of fertile fronds are coated with reddish brown spore cases.

Clump-forming bushy broom grass (Andropogon glomeratus var. pumilus)



String-lily blooms throughout the year

is also useful in preventing soil erosion.

This member of the grass family grows two to five feet tall and is also called bushy beardgrass. When in bloom, the plumes, or inflorescences, create a silver continued on page 20



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BIG ARTS Workshop Series

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NOVEMBER 2019

Life Drawing - Open Studio Non-Instructed

Carol Rosenberg 9:30 am - 12:00 pm 11/1/2019 to 11/22/2019 Member: \$69 Non-Member: \$86

Glass Fusing

Petra Kaiser 9:30 am - 12:30 pm 11/6/2019 to 11/20/2019 Member: \$74 Non-Member: \$93

9:30 am - 12:30 pm 11/7/2019 to 11/21/2019 Member: \$74 Non-Member: \$93

Drawing Workshops/1-Day

Francesco Gillia 9:30 am - 3:00 pm 11/19/2019 Member: \$90 Non-Member: \$113

What Do I Do With All These Photos? Learning to Manage Your Images and Gain Peace of Mind David Batley

10:00 am - 12:30 pm 11/21/2019 Member: \$20 Non-Member: \$25

DECEMBER 2019

Glass Fusing

Petra Kaiser 9:30 am - 12:30 pm 12/4/2019 to 12/18/2019 Member: \$74 Non-Member: \$93

9:30 am - 12:30 pm 12/5/2019 to 12/19/2019

Member: \$74 Non-Member: \$93

Life Drawing - Open Studio Non-Instructed

Carol Rosenberg 9:30 am - 12:00 pm 12/6/2019 to 12/20/2019 Member: \$52 Non-Member: \$65

Art Evening with Jenny Licht: Paint a Wine Bottle

Jenny Licht 6:00 pm - 9:00 pm 12/9/2019 Member: \$50 Non-Member: \$63

Drawing Workshops/1-Day

Francesco Gillia 9:30 am - 3:00 pm 12/10/2019 Member: \$90 Non-Member: \$113

JANUARY 2020

Musical History Part I

(no class Jan 20) Thomas Cimarusti 3:00 pm - 5:00 pm 1/6/2020 to 1/27/2020 Member: \$95 Non-Member: \$118

Adobe Lightroom

Denny Souers 1:00 pm - 4:00 pm 1/6/2020 to 1/27/2020 Member: \$80 Non-Member: \$100

Art Evening with Jenny Licht: Alcohol Inks Coasters

Jenny Licht 6:00 pm - 9:00 pm 1/7/2020 Member: \$52 Non-Member: \$65

A Gentle Introduction to Watercolor Painting

Mary Lou Peters 1:30 pm - 4:00 pm 1/7/2020 Member: \$55 Non-Member: \$69

BIG ARTS Community Chorus Rehearsal

Ellen Whitten 6:00 pm - 8:00 pm 1/7/2020 to 3/31/2020 Member: \$125 Non-Member: \$154

Life Drawing - Open Studio Non-Instructed

Carol Rosenberg 9:30 am - 12:00 pm 1/10/2020 to 1/31/2020 Member: \$69

Non-Member: \$86

Spanish I & II

Barbara Peterson 9:00 am - 10:30 am 1/11/2020 to 2/15/2020 Member: \$86 Non-Member: \$108

Watercolor Classes

Mary Lou Peters 1:00 pm - 4:00 pm 1/13/2020 to 2/3/2020 Member: \$140 Non-Member: \$175

The Science and Philosophy of Human Consciousness and The Evidence for Its Survival After Biological Death

Dr Randall Niehoff 1:30 pm - 3:00 pm 1/15/2020 to 1/29/2020 Member: \$80 Non-Member: \$100

The Joy of Writing Vicky Lettmann

9:30 am - 11:30 am 1/21/2020 to 2/25/2020 Member: \$110 Non-Member: \$138

Drawing Workshops/1-Day

Francesco Gillia 9:30 am - 3:00 pm 1/21/2020 Member: \$90 Non-Member: \$113

Watercolor Journaling

Mary Lou Peters 10:00 am - 4:00 pm 1/21/2020 to 1/22/2020 Member: \$179

Non-Member: \$224

Contemporary Play Reading/ Discussion

Harriet Edwards 10:00 am - 12:00 pm 1/24/2020 to 3/27/2020

Member: \$60 Non-Member: \$75

Art Evening with Jenny Licht: Abstract Painting on Canvas

Jenny Licht 6:00 pm - 9:00 pm 1/28/2020 Member: \$52 Non-Member: \$65

HD Live at the Met Lectures, Porgy and Bess

Thomas Cimarusti 3:00 pm - 5:00 pm 1/31/2020 Member: \$40 Non-Member: \$50

Photographic Storytelling

Harvey Schipper 9:00 am - 12:00 pm 1/31/2020 to 2/14/2020 Member: \$85 Non-Member: \$106

Pre-registration is required. Refer to class information handout provided by instructor for class details, fees, location, refund policy; available online or from the office.



Mother Nature Will Keep You On Your Toes



by Capt. Matt Mitchell

here are some days when guiding clients that it just feels like mother nature is fighting everything you do. This is the only way I can describe how most of this week played

out. Wind, rain and even patchy red tide made at least a small part of each day a

Any knowledge from the previous day's trip just would not roll over and help me out. Just when you thought you had a gimme in your back pocket from the day before, something would change and it would not pan out and the fish were gone.

These days are all about moving and finding something new to put your clients on the action. For several days in a row, we caught quality redfish on one mangrove island during the last few hours of the incoming tide. Then, for no reason, these fish just vanished. Even little mangrove creeks that held snook one day would not pan out the next day. I have plenty of confidence spots that always seem to hold fish during curtain tide and wind directions. This week, it took running and gunning between a lot of

these places to get it done.

Catching bait continued to be the easy part of the day's fishing. Keeping an eye on the condition of this bait was a big deal this week. A few times that we were in bad water, baits started to go belly up in the livewell, and it was time to leave. Unfortunately there is no visual indicator that you are in or approaching an area of red tide until your bait starts to die. Though most of our waters are free of red tide, all it takes is one bad area and all your bait is dead.

Fishing in areas that had bait and jumping mullet is one of the few ways to know you are safe. This patchy red tide has been changing from one day to the next. After being on a great bite for a few days in and around Blind Pass, a small area of red tide pushed in and, although we did not see any dead fish, the fish moved and the bite was over. The mouth of the river has been an area that has not seen any effects of the red tide and has remained some of the better action around. The same is true for the south end of Matlacha Pass and Pine Island Sound.

One thing that rings true is that it only takes one hot spot to make a trip. Some days that hot spot can be your very first stop, and other days it takes many stops to find that special place. As long as it happens at some point during the day, it's still a good day.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.☆



Terry Rogers from St Louis braved the wind and even some rain to catch some quality redfish with Capt. Matt Mitchell this week photo provided

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CROW Case Of The Week:

Osprey



by Bob Petcher

he osprey (Pandion haliaetus) is a large hawk that sometimes is confused for an eagle. Even though ospreys are sometimes called sea-eagles, eagles are mostly larger that ospreys and ospreys only dine on fish while eagles prey on fish, mammals and reptiles as well as other animals.

In flight, ospreys show off their strongly banded flight feathers that form an M-shape due to a marked kink in their wings. These raptors are often found near bodies of water and scan beneath surfaces before diving, feet first, to catch their next meal before soaring back to their nest with fish visibly seen in talons. According to studies taken, an osprey's success rates in catching fish can be as high as 70 percent due to their ability to utilize four toes (two in front and two in back) on each talon.

At CROW, an adult osprey was admitted from Labelle and was unable to fly. Upon examination, it was found that the bird had a right wing fracture with noticeable swelling and scabbing that caused a wing droop. The bird was immediately placed on a series of pain medications, anti-arthritics and anti-biotics.

The unknown blunt force trauma that caused the fracture also caused the soft tissue swelling and the scabbing at the fracture site," said Dr. Megan Cabot, CROW veterinary intern. "The anti-arthritic drug is an anti-inflammatory often used for



arthritis, because arthritis causes inflammation. The Patient #19-4455 is still dealing with a sizable right wing fracture, one that may sideline him for a few more weeks

photo by Becca Wehmeier

anti-inflammatory drug was used to reduce painful swelling and inflammation at the fracture site."

A body wrap was placed on the right wing to encourage proper healing of the bone and reduce swelling. Within a week of its stay, the osprey was relieved of the wrap's restriction.

The body wrap has been removed to reduce rubbing and because the pain control is working well," said Dr. Cabot. "The osprey is getting PT (physical therapy) every 48 to 72 hours to keep the elbow from losing range of motion.'

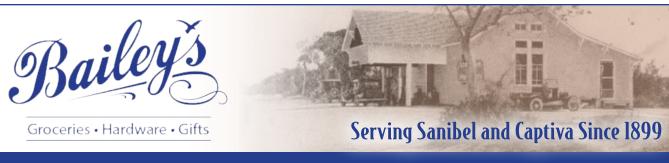
A tail guard was placed on the bird's tail feathers to reduce possible damage while the bird is on cage

Tail guards are placed to protect the feathers while the bird is in an enclosed space on cage rest," said Dr. Cabot. "This is no longer necessary once the bird can be moved to an outdoor enclosure. Feather damage can increase time to release if it affects their flight ability, so it is important to prevent it with a tail guard while they are inside."

If the osprey continues to heal and gain strength, the tail guard may be removed and the patient moved outdoors for flight training.

'The swelling is improving slowly and for now the osprey has good range of motion but the bone takes a few weeks to heal," Dr. Cabot added. "Decreased range of motion and arthritis can develop over that time so we will continue physical therapy, but the prognosis at this time is unknown. If the osprey does well with two weeks of cage rest we will consider moving it outside for continued physical therapy.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆



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CROW Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations and Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, November 1, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required Wildlife Walk with Kehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, November 1, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Monday, November 4, 11 a.m. to



12:30 p.m., \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, November 4, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, November 5, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, November 5, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - Species Profiles: Sea Turtles (daily presentation).

There are seven different species of sea (or marine) turtles, and human activities have tipped the scales against the survival of these reptiles. Most species of sea turtle are classified as endangered, and CROW is the only licensed sea turtle facility between Sarasota and Marathon, Florida. From boat strikes to washback hatchlings, one of CROW's team members explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Wednesday, November 6, **11 a.m. to 12:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, November 6, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - Wildlife Rescue 101: (daily presentation).

Have you ever come across wildlife

in "distress" but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on our sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether it is deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover wildlife rescue assessment as well as handling techniques!

Thursday, November 7, 11 **a.m. to 12:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, November 7, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.☆



ENVIRONMENTAL EDUCATION PROGRAM

RED TIDE

IS IT NATURALLY OCCURING? IS IT MAN-MADE? OR, A COMBINATION OF BOTH? WHAT CAN WE DO TO MITIGATE THE HARM?





TUESDAY, NOVEMBER 12th, 2019 10:30 - 11:45 am

Dr. Mike Parsons, Professor of Marine Science at FGCU and Dr. Cindy Heil, Director of the Red Tide Institute at Mote Marine Laboratory, have conducted decades of research on Red Tide.

You will learn how nutrient pollution and climate change affect Red Tide. Their discussion will include the 2015-2017 red tide bloom and ongoing studies to determine why the bloom was so lengthy and intense.

> Parking limited, seating on a first come basis, NO reservations

Arrive early and consider carpooling, Valet Parking. For more information call: 239-472-4133, ext. #2 E-Mail: Info@CaptivaIYC.net



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Blues And Jazz Fest This Sunday

he Sanibel-Captiva Optimist Club's 4th annual Sanibel Blues & Jazz Fest returns this Sunday, November 3 in Bailey's Backyard at Bailey's Center, located at the corner of Periwinkle Way and Tarpon Bay Road on Sanibel. The concert begins at noon and ends around

The festival features award-winning musicians. Funds raised aid the Optimist Club's many charitable endeavors, including six college scholarships and Sanibel Recreation Center summer programs for youth.

In order of appearance (times approximate):

1 p.m. – Johnny Jensen is a 16-yearold, award-winning blues/fusion/jazz artist who hails from Captiva. He has played alongside many blues legends, including Bryan Lee, Kenny Neal, Matt Schofield, Elvin Bishop, Tennessee Redemption and The Marshall Tucker Band. He has also played at many famous venues across the country: Douglas Corner Cafe in Nashville, Tennessee; The Red Room at the Berklee College of Music in Boston, Massachusetts; and BB King's Blues Club in Memphis, Tennessee. Some of his most recent accomplishments include releasing his first all-original EP on iTunes and Spotify, being selected by the Southwest Florida Blues Society to represent the society in Memphis at the 2019 and 2020 International Blues Challenge.



Jennifer Mazziotti and Marty Stokes performing at the 2018 Sanibel Blues & Jazz Fest

photo by Jeff Lysiak

2 p.m. - The Marty Stokes Band is back again. The band has performed in clubs and festivals around Florida, winning the IBC (International Blues Competition) in Memphis, held in 2017. The band is also a four-time winner of the Peoples' Choice Award, sponsored by the Southwest Florida Blues Society, with standing room only audiences. Stokes has produced four CDs of original blues, and the latest release, Down On My Knees, has received strong international blues

3:30 p.m. - Sean Chambers is an American blues rock singer, guitarist and songwriter. He has released seven albums since 1998, with the most recent, Trouble & Whiskey (2017) and Welcome To My Blues (2018), appearing in the U.S. Billboard Blues Albums Chart. His main guitar playing influences are the work of Jimi Hendrix and Stevie Ray Vaughan. Chambers was born on the Gulf Coast of Florida. UK's Guitarist Magazine cited Chambers as one of the top 50 blues guitarists of the last century.

5 p.m. - Matt Schofield, the acclaimed British guitar virtuoso and British Blues Hall of Famer, is regarded as one of the most innovative guitarists to have emerged in generations. Schofield holds a British passport and is an inductee of the British Blues Hall of Fame. Newspapers have described him as the best blues guitarist from any country in decades and have rated him in the top 10 British blues guitarists of all time, ranked with Eric Clapton and Peter Green. Schofield performed at the 2016 and 2017 festivals, and is the headliner once again.

Closing out the show will be a band jam, featuring musicians from each act.

Ticket donations are reduced this year to \$20 for general admission and \$100 for VIP admission. Advance ticket donations are limited. Purchase online at www.eventbrite.com/d/fl-sanibel/musicevents, at Bailey's General Store, Sanibel Captiva Community Bank, George and Wendy's Seafood Grille, or at the festival entrance on performance day.

VIP admissions include reserved, covered seating, a festival T-shirt, meet the bands, raw bar, Champagne bar, food and beverages. Advance purchase VIP ticket holders also receive reserved

parking.

General admission participants are reminded to bring their own seats. Food and a range of beverages, including beer and wine, will be available for purchase. No food or beverages may be brought in by attendees.

On-island parking will be available at sign-marked areas with shuttles to the venue, and at the Sanibel Post Office. VIP ticket holders only can park across the street at Bank of America. Handicapped parking is available in marked area at Bailey's General Store, plus special valet bicycle parking is offered directly at the festival grounds.



Tiger Lucine



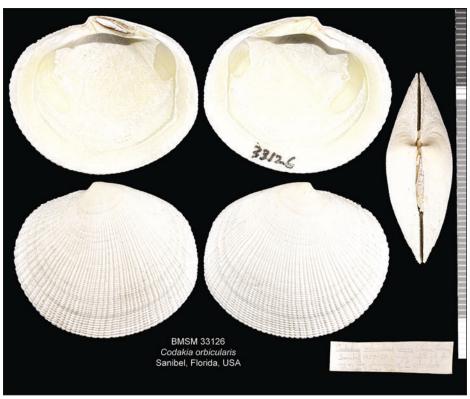
by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

odakia orbicularis (Linnaeus, 1758) reaches 85 mm (about 3.35 inch) and has a

circular-oval shell. The shell sculpture consists of radial lines crossed by finer commarginal (concentric) threads. The shells color is white, with the internal shell surface sometimes yellow, and internal margins sometimes tinged with pink color. This is a common species in the tropical Western Atlantic, including the East Coast of Florida and the Florida Keys. Although there is a good record from Kice Island (collected by Amy Tripp in 2011), the few records of the species for Sanibel present in the Museum collection are most likely cases of mislabeled locality data. Read more about local mollusks and their shells at www. shellmuseum.org/shell-guide and www. shellmuseum.org/blog.

Shell Museum Events

See truly giant shells. Watch a live



The Tiger Lucine, Codakia orbicularis

Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and inspire you. Visit

photo by James F. Kelly

Shell Found



Carol and David Powers photo by A. Ziehl

arol Powers from Indian Beach, North Carolina found a junonia near the Sanibel Lighthouse. She she has been shelling for over 15 years and this is her first junonia. Powers and her husband, David, were staying at Sanibel Cottages.

To advertise in the Island Sun, call 395-1213





Thank You!

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"Land, water and vegetation are just that dependent on one another. Without these three primary elements in natural balance, we can have neither fish nor game, wild flowers nor trees, labor nor capital, nor sustaining habitat for humans." - Jay Norwood Darling

In the 75 years since Jay N. "Ding" Darling established Sanibel's first national wildlife refuge, a community of countless organizations, leaders, and citizens have carried out his legacy. The recent Wulfert Bayous Acquisition is just one example of the awe-inspiring support and dedication our donors have demonstrated towards the J.N. "Ding" Darling NWR. Lee County's Conservation 20/20 program will fund \$6.5 million of the total \$9.5 million cost to purchase the property. DDWS raised the additional \$3 million through private donations.

Without our donors and partners, this project would not have been possible. Special thanks to everyone including Lee County Commissioners, Lee County Conservation 20/20, City of Sanibel and Mayor Kevin Ruane, U.S. Fish & Wildlife Service, and Refuge staff. "Ding" Darling would be proud to see his legacy carried out in such a positive manner.

Wulfert Acquisition Committee:

John McCabe - Land Acquisition Chair

Mike Baldwin Marc Giattini Doris Hardy David Jeffrey Richard Levinson Jim Sprankle Bill Valerian















The Shipley Trail at Bailey Homestead Preserve

photo provided

SCCF Walking Tours To Begin

tarting on November 4, Sanibel-Captiva Conservation Foundation (SCCF) will offer a one-hour walking tour of the Bailey Homestead Preserve on Mondays at 2 p.m. or Thursdays at 10.a.m. The tour blends SCCF's conservation work on the historic property, the history of the land itself and some stories about the Bailey family, which farmed the land for three generations. The walking program includes a look at the demonstration gardens at the Native Landscapes &

Garden Center, the windmill, the pavilion, the Devitt Pond Overlook and a look inside the Bailey family home.

Walking shoes are recommended. No reservations are required. The suggested donation of \$5 to SCCF.

Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel. Participants will meet at the Conservation Gateway Kiosk at the head of the Shipley Trail, near the entrance. Call 472-1932 for more information.

No tours will be held on Monday. November 25; Monday, December 23; Thursday, December, 26; Monday, December 30 or Thursday, January 2 due to the surrounding holidays.

Mon.-Sat. 9 am - 9 pm

Full Moon Paddle On The Bay



by Kealy McNeal

n Tuesday, November 12. the Ocean Tribe Paddling Club will host a full moon paddle on San Carlos Bay. Take in sunset views as the sun retreats behind Sanibel Island and

the full moon creeps up over Fort Myers Beach. As the full moon illuminates our paddle, we will enjoy the peacefulness of the bay and the company of fellow

Those interested in joining the group

should meet on Causeway Island B (east side, facing the lighthouse) at 5:15 p.m. The paddle will begin at 5:30 p.m., which will put us on the water for the 5:45 p.m. sunset. The paddle will last approximately one and a half hours. Participants are invited to bring their own vessel, or a limited number of loaner vessels can be reserved in advance by contacting oceantribepaddlers@ sanibelseaschool.org. Any weather related updates or schedule changes will be posted on the Ocean Tribe Outfitters Facebook page at least one hour prior to the event. Our inclement weather location will be Bowman's Beach.

Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org, or follow on Facebook or Instagram to learn more.₩

From page 12

Plant Smart

shimmer in the sun.

Each of the plume's several branches have spikelets with fluffy bristles. As the plant ages, the silvery shimmers transition to copper.

Birds use the fluff for nesting material, and the plant is thought to be a possible host plant for several butterflies.

The next time you park at a big box store or a large shopping area, seek out the perimeter, where a little bit of wildness carries on nature's work.

Sources: Common Grasses of Florida and the Southeast by Lewis L. Yarlett, The Ferns of Florida by Gil Nelson, 500 Plants of South Florida by Julia F. Morton, A Gardener's Guide to Florida's Native Plants by Rufino Osorio, Native Florida Plants by Robert G. Haehle and Joan Brookwell, www.floridata.com, www. fnps.org, https://plants.ifas.ufl.edu, http://www.plantbook.org, www. regionalconservation.org, and www.



Bushy broom grass' plumes change from silvery to coppery photo by Gerri Reaves

wildflower.org.

Plant Smart explores the diverse flora of South Florida.容

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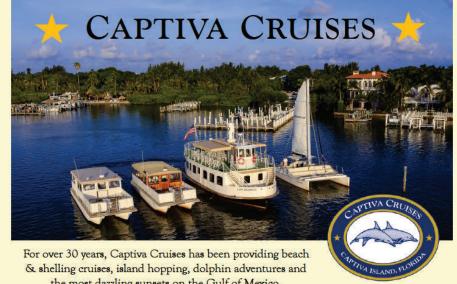
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Fish Caught



Joel Bowman with his snook catch

photos provided

n a recent fishing trip with Sea Reed Charters, Joel Bowman from Reynolds, Indiana caught and released both a large snook and redfish. Bowman loves Sanibel and stays at Shell Island Beach Club. 公



Redfish catch

Our email address is press@islandsunnews.com

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Confectionaire Joins Wines In The Wild Partners

orman Love Confections is the latest Food Tasting Partner for Wines in the Wild, to benefit Sanibel-Captiva Conservation Foundation (SCCF), on Friday, November 15.

"Being able to serve Norman Love's award-winning confections is a real coup for this year's event," said event founder Linda Uhler. "Our guests are in for a real treat at their dessert buffet."

Wines in the Wild will start with five tasting stations featuring the cuisine of Catering by Leslie Adams, Cielo, Malia, Sanibel Catering Company and Sweet Melissa's Café. Offerings will be paired with wines donated by Bailey's General Store. The Norman Love Confections dessert buffet and a live auction of experiences will round out the evening. Valet parking is sponsored by Doc Ford's Rum Bar & Grille.

Guests will gather from 6:30 to 9 p.m. at Bailey Homestead Preserve, located at 1300 Periwinkle Way on Sanibel. Due to a great response to the event, Wines in the Wild is currently



Norman Love

photo provided

sold out. To be placed on a wait list, call Linda Uhler at 472-3817.

SCCF is dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed through environmental education, land acquisition, landscaping for wildlife, marine research, natural resource policy, sea turtle conservation and wildlife habitat management. Community support through membership dues and tax-deductible contributions, in addition to grants and staff-generated revenue, makes this work possible. For more

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Watercress





by Resident Chef Jarred Harris

Tatercress, yellowcress or cress is an aquatic plant that can be found wild throughout the United States, Europe and Asia. The plant originated in Ancient Greece around 800 BC and has remained an important part of the Mediterranean diet. It is one of the oldest known leaf vegetables and a member of the Brassicaceae family. Other relatives of watercress include nasturtium, garden cress, mustard, radish and wasabi, all of which have similar peppery flavor characteristics.

Watercress has been used for thousands of years for medicinal purposes. It was traditionally used to treat coughs, gout and arthritis. It's also an expectorant, diuretic and believed by many to be an aphrodisiac and good hangover remedy. The British made watercress became popular in the 17th century with "watercress soup," It was claimed that it cleansed the blood.

Watercress is high in potassium, vitamins A, C and E, iron, folic acid and calcium. It also contains powerful antioxidants, beta-carotene, B vitamins, folate and calcium.

Many people don't know what this leafy green is or how to use it, which has made watercress one of the least popular vegetables in the country. It seems like I only see watercress at posh steakhouses as garnish and maybe in the occasional salad recipe.

The next time you see watercress in the supermarket, I encourage you to pick up a package and try it. The nutritional profile of watercress makes it an excellent addition to your diet and an interesting and delicious change from lettuce or spinach.

Here is a simple recipe to try:

Watercress and Pea Soup

Ingredients

2 tbsp. vegetable oil

1 large onion (diced)

3 stalks celery (diced)

2 large carrots (diced)

½ tsp. black pepper

8 ozs. dried split peas

16 ozs. watercress, including stems (about 3 bunches)

2 cups vegetable or chicken broth

4 cups water

1 bay leaf

2 tsp. parsley

Method

Rinse peas and drain well.

In a large pot over medium heat, add the vegetable oil, onion, celery, carrots and pepper. Cook until the onions are translucent. Add the peas, broth, water, bay leaf and parsley. Bring to a boil, reduce heat to low and simmer covered for 1 hour or until the peas are tender.

Remove the bay leaf and add the watercress to the soup. Cook on low for 5 minutes

Remove from heat, blend with an emersion blender and serve with sour cream.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155.

Garden Project Classes To Begin

In The Garden – Sanibel's Retail Garden Center and Outdoor Showroom is offering gardening project classes. All classes start at 10 a.m. Reservations are required and space is limited. Call 395-5859 to make reservations.

Tuesday, November 5 – Succulent Gardens. Assemble and take home a succulent garden in a container while learning more about this unique group of plants. Cost is \$35.

Wednesday, November 20 – Butterfly and Pollinator Gardens. Learn how to create areas and pockets in your landscape to attract butterflies and other pollinators. Take home a butterfly plant. Cost is \$20.

Tuesday, December 10 - Culinary

Garden Class. Make and take an herb arrangement in an Eco Pot. Learn about herbs, vegetables, citrus and fruit trees, and how to include them in your garden. Cost is \$30.

Wednesday, January 15 – Succulent Gardens. Assemble and take home a succulent garden in a container while learning more about this unique group of plants. Cost is \$35.

Tuesday, January 28 – Tillandsias are So Easy! Learn about tillandsias (air plants) and how easy and fun they are to use in your garden home. Make a tillandsia jellyfish to take home. Cost is \$20.

Tuesday, February 11 – Bromeliads. There is a bromeliad for every area of your garden. Learn about care, placement and how to divide and replant one to take home. Cost is \$10.

Wednesday, February 26 – Orchid Class. Caring for and transplanting orchids is easy. Learn how to transplant an orchid into a larger container and how to mount them to a tree or structure. Orchid and pot are included in class fee. Cost is \$40.

Tuesday, March 10 - Butterfly and Pollinator Gardens. Learn how to create areas and pockets in your landscape to attract butterflies and other pollinators. Take home a butterfly plant. Cost is \$20.

RS Walsh In The Garden – Retail Garden Center & Outdoor Showroom is located at 3889 Sanibel-Captiva Road (across from The Sanibel School) and is open Monday through Friday from 10 a.m. to 4 p.m. and on Saturday from 9 a.m. to 1 p.m. For more information, call 395-5859 or visit www.rswalsh.com.







Check out the vintage and specialty models on display

photo provided

Motor Club Cruise-In Saturday

an Cap Motor Club will hold its next Cars & Coffee Cruise-In this Saturday, November 2 from 9 to 11 a.m. at Periwinkle Place Shopping Center, located at 2075 Periwinkle Way on Sanibel.

Car enthusiasts gather on the first Saturday of the month at the shopping

center to admire and show off their "wheels." The car show is in its fifth year and, depending on the month, there can be over 50 vehicles on display.

A continental breakfast, including donuts, pastries and coffee, will be provided by The Blue Giraffe Restaurant.

No pre-registration is necessary. Annual San Cap Motor Club membership dues are \$50 per individual or \$75 per couple or family. A membership includes one new club T-shirt. Club members hold dinner

gatherings on the second Tuesday of every month from 6 to 8 p.m.

For more information, call Scot Congress at 472-4177 or email scot@

Lions Club Hosting Feather Bingo On Wednesday

he Sanibel Captiva Lions Club will host the 32nd annual Feather Bingo for Charity on Wednesday, November 6 beginning at 6 p.m. at The Community House. A turkey dinner with all the trimmings will be served and there will be numerous games and prizes throughout the evening.

'Feather Bingo, now it its 32nd year, has always been a good time with good food for a worthy cause," said Lion Hazella Veillette, who organized this year's event. "Guests are invited to join us for the only

Bingo night on the island. A limited number of tickets are available for a \$20 donation, which includes a turkey dinner. Bingo cards and games are sold separately. Tickets are available through November 1 from any Lions Club member or at Bailey's General Store Customer Service desk. Över \$1,500 in prizes donated by local businesses will be

The Lions Club offers the opportunity to make a difference in the community, from hosting complimentary adult health screenings to collecting used eyeglasses through its Recycle for Sight boxes located at various locations on both islands. Lions

given away during the evening.

volunteer for many things, from club projects to community events.

We serve where we live, as well as globally through Lions Club International, and have fun doing it," said Veillette. "Wonderful things are accomplished when you are part of the largest service organization and a generous community."

Sanibel Captiva Lions meet the first and third Wednesday of the month with a different guest speaker once a month at The Community House. Meetings begin with cocktails and appetizers at 6 p.m. and dinner at 7 p.m. Visiting Lions and anyone interested in becoming a Lion are welcome. For more information, visit www.sanibelcaptivalions.org.

The Community House is located at 2173 Periwinkle Way on Sanibel.

Trunk Or Treat At Sanibel Church

anibel Community Church invites island residents and visitors to its family friendly Trunk or Treat on Thursday, October 31 from 4 to 6:30 p.m. This is a free community event.

Children are encouraged to wear their favorite costume and bring a treat bag. Families will meet in the church courtyard and front parking lot. There will be games, prizes and lots of trunks of treats. Free snow cones and popcorn will be available.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Foods). For more information, contact Holly Patton-Roark at holly@ sanibelchurch.com or call 472-2684.





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Spinach and Bacon Stuffed Mushrooms

1 pound mushrooms

4 cups fresh spinach

5 strips bacon, cooked and crumbled

1/2 onion, diced fine

1 cup feta cheese, crumbled

6 ounces cream cheese, softened to room temperature

2 tablespoons unsalted butter Oil, for cooking

Pinch of red pepper flakes

Sea salt and fresh ground pepper, to taste

Preheat oven to 375 degrees. Cook bacon until crispy and drain on paper towel (reserve 1/4 cup of bacon drippings). Coarsely crumble bacon. Heat 2 teaspoons reserved bacon drippings in skillet over medium heat. Add chopped onion and sauté until tender, about 5 minutes. Transfer to bowl and allow to cool. Mix in bacon, spinach, feta, cream cheese and crushed red pepper. Season



Spinach and Bacon Stuffed Mushrooms

to taste with salt and pepper. Toss mushrooms and remaining bacon fat in large bowl to coat and season with salt and pepper. Place mushrooms, rounded side down, on baking sheet and bake until centers fill with liquid (about 15 minutes).

photo courtesy Fresh From Florida

Turn mushrooms over and bake for another 5 minutes. Remove from oven, fill with spinach mixture, and return to oven for additional 7 minutes. Transfer to platter and serve warm.

LIVE ON THE ISLANDS

Island Cow has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. Dan Confrey performs on Sunday.

The Jac Sanibel Island Bar & Grille has live entertainment on Friday with Renata. The Flying Hasselhoffs perform on Saturday and Tuesday. Cruzan Vibes plays on Wednesday. On Thursday, it's Sol Rydah.

Traders Coastal Cuisine has live entertainment Tuesday and Thursday with Danny Morgan and Friends. Chris Workman plays on Wednesday.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.**

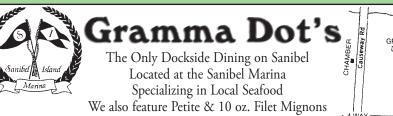
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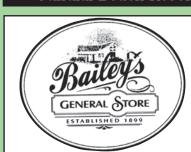


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BIG ARTS Film Series

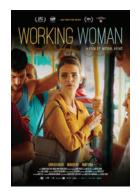




BIG ARTS EXCITING 2020 MONDAY NIGHT FILM SERIES

7:00 PM (discussion after film) Strauss Theater

Films from February through the end of season will be shown in the new performance hall.



NOVEMBER 4

Working Woman, 2018

NR/93 minutes



NOVEMBER 11

Ash is the Purest White, 2018

NR/136 minutes



NOVEMBER 18

Non-Fiction. 2018 R/108 minutes



NOVEMBER 25

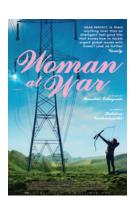
The Guilty. 2018 R/85 minutes



DECEMBER 2

The Biggest Little Farm, 2018

PG/91 minutes



DECEMBER 9

Woman at War. 2018

NR/101 minutes



DECEMBER 30

The White Crow, 2018 R/127 minutes



JANUARY 6

Becoming Astrid, 2018 NR/123 minutes



JANUARY 13

The Chambermaid, 2018 NR/120 minutes



JANUARY 20

Capernaum, 2018 R/126 minutes



JANUARY 27

Ramen Shop, 2018 NR/89 minutes

Visit www.BIGARTS.org often to see updates for the film series.

Programs At Captiva Library

aptiva Memorial Library will be closed on Monday, November 11 for Veterans Day and on Thursday and Friday, November 28 and 29 for Thanksgiving. Programs include:

International Games Week (regular library hours) November 3 to - Participate in International Games Week at the Captiva Library. Play classic checkers "the game of games" or try other versions such as Fox and Geese, Give Away, Shifting Pyramids, Corner Checkers, Goban, or reverse the field and play Tic Tac Toe or Super Tic Tac Toe. Instructions included. Also available will be Fort Myers-Opoly, Sort It Out, Pictureka and Apples to Apples.

Youth Services

Celebrate Native American Heritage Month (regular library hours) November 1 to 9 - Native American books will be on display. Activity sheets will be available. Make a paper bag teepee. Decorate the teepee with Native American symbols.

Celebrate Native American Heritage Month (regular library hours) November 12 to 16 - Native American books will be on display. Activity sheets will be available. Decorate craft sticks to play Sticks and Bones, a traditional Native American game played by a number of

Happy Thanksgiving! (regular library hours) November 19 to 23 - Check out Thanksgiving Day books. Activity sheets will be available for children to complete. Make a paper turkey and fold the feathers accordion-style, which makes a great Thanksgiving decoration.

Happy Thanksgiving! (regular library hours) November 26 and 27 - Check out the holiday book display. Decorate drinking cups for Thanksgiving using construction paper and cupcake liners.

Exploring with Miss Naomi - At www. leegov.com/library, patrons can click on "What to Read Next" and the link to "Staff Recommended Newsletters," then under "Kids and Teens," click the link to "Exploring with Miss Naomi" to find recommendations for books about Colonial America and Thanksgiving. Discussion includes details about living in Colonial times as well as a child's view of Colonial America and Thanksgiving.

RD digital streaming videos (new) - At www.leegov.com/library, patrons can click on "online library" and "RDdigital" to access seven "channels" including Acorn TV (British TV), the Great Courses (lifelong learning), Indie-Flix (independent films), Pongalo (Spanish language TV and movies), Stingray Qello (concerts and musical documentaries), LearnitLive (health and wellness courses) and Method Test Prep (ACT and SAT test prep). Check out two channels per week and watch unlimited episodes, movies, etc.

Captiva Memorial Library, located at 11560 Chapin Lane on Captiva, is open Tuesday and Thursday from 10 a.m. to 6 p.m., Wednesday from noon to 8 p.m., Friday and Saturday from 9 a.m. to 5 p.m. Closed Sunday and Monday. 🌣

From page 1

Sea Turtle Season



Courtney Thomson records the measurements of a nesting loggerhead during the nighttime tagging research project photo provided

study, conducted in partnership with the Conservancy of Southwest Florida since 2017, has placed a total of 10 satellite tags on turtles on Sanibel and four on Keewaydin. During the 2019 season, SCCF researchers tagged four green sea

"The objective is to determine the post-nesting and inter-nesting movements of green turtles nesting in Southwest Florida," Sloan added.

To further research in hatchling sex ratios as well as hatching and emerging success, the team quantified the impact of groundwater on nest temperature, salinity and moisture content. Groundwater wells and microstations with sensors were deployed at 20 loggerhead nests in 2019 and nearly 600 hatchlings were sampled for sex determination.

Stay tuned for results and analysis from all the research conducted in 2019. To report any issues with sea turtles, call 978-728-3663. To find out more about SCCF's sea turtle program, visit www.sccf. org/our-work/sea-turtles.☆







Dueling Pianos To Take The Stage

et your song requests ready as Dueling Piano Night, a fundraiser for The Sanibel School PTA, returns this Saturday, November 2.

Larry Klass and Leon Novembre are returning to Sanibel for a one-night show. The audience requests the songs, from early rock and roll to showtunes, country, or heavy metal and disco. Paper Fig Kitchen will be providing heavy hors d'oeuvres along with a cash bar and a signature cocktail.

Attendees will have a chance at prizes including a private dinner by Paper Fig Kitchen, weekend getaways, jewelry and Walt Disney World tickets. The fundraiser will be held at The Community House,

located at 2173 Periwinkle Way on Sanibel. Doors open for cocktail hour at 6:30 p.m., the show begins at 7:30 p.m.

Tickets are \$75 per person and are available online at www. The Sanibel School PTA.com. This is a key fundraiser for The Sanibel School PTA, which helps to financially supplement many critical areas for the school such as classroom supplies; art, music, and theater programs; media and educational needs; and maintenance and landscaping.

Sponsors include Paper Fig Kitchen, EnviroMow, VIP Realty Group, Superior Title, Karaffa-Zakutansky Charitable Foundation, Island Condo Maintenance, The Padgett Family, Pinocchio's Original Italian Ice Cream, McMurray & Members of Royal Shell Real Estate, and MarineMax.☆

From page 1

Art Exhibit



Beach Scene by Suzanne Bennett

from artists' depictions of a unique habitat and why it is worth preserving.

The exhibit will open to the public on Monday, November 4 and remain on view through Thursday, January 9. Hours for viewing are Monday through Friday from

image provided

9 a.m. to noon.

The Bailey Homestead Preserve is located at 1300 Periwinkle Way on

Artists donate a portion of all art sales to SCCF.⇔







1700 Periwinkle Way • Sanibel Island, FL 33957 Phone: (239) 472-9300

Book Review Say Nothing

by Di Saggau

nyone who wants to know why the Troubles in Northern Ireland, during the late 1960s to 1998, took place, and who was behind it, will find the answers they are looking for in Patrick Radden

Keefe's powerful book Say Nothing. It's the true story of murder and memory in Northern Ireland, an intricate narrative about a notorious killing and its devastating repercussions. It's a mesmerizing book about the bitter conflict, a tale of a society wracked by a violent guerrilla war, one whose consequences have never been reckoned with.

In December 1972, 38-year-old Jean McConville, mother of 10, was dragged from her Belfast home by masked intruders, her children clinging to her legs. She was never seen again. Everyone knew the IRA was responsible but, due to fear and paranoia, no one would speak of it. In 2003, five years after an uneasy peace was brought to Northern Ireland, McConville's bones were discovered on a beach. Her children knew it was their mother when they were told a blue safety pin was attached to the garments. With 10 children, she always kept it handy for diapers or ripped clothes.

Keefe's book uses the McConville case

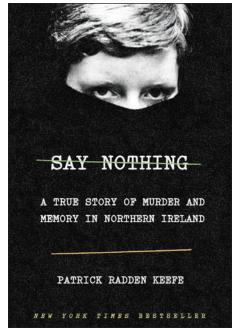


image provided

to begin his book about a society wracked by a violent guerrilla war. He interviewed over 100 people including several of Jean McConville's children. He found that some people looked back with pride on what they had done and others, with shame. The book is called Say Nothing for a reason. Even today there is a culture of silence among many people when asked about the event.

The book also focuses on IRA terorrist Dolours Price, who while barely out of her teens was planting bombs in London and targeting informers for execution. You'll



read about the IRA mastermind known as The Dark, the spy games and schemes of the British Army and about Gerry Adams, who negotiated the peace but betrayed his comrades by denying his IRA past.

David Grann, author of Killer's of the Flower Moon, had this to say about the book. "Meticulously reported, exquisitely written, and grippingly told, Say Nothing is a work of revelation. Keefe not only peels back, layer by layer, the truth behind one of the most important and mysterious crimes of a terrible conflict; he also excavates the history of the Troubles, and illuminates its repercussions to this day." Say Nothing is set to be a TV series on FX by the producers of American Crime

School Smart



by Shelley M. Greggs, NCSP

Shelley, My high school daughter who's a senior, is very bright, has ADHD but has been able to do well and wants to go to college. I have

several questions about this process and applying for college. What should we be looking for in a college? What questions should we be asking? And what should be revealed on the application?

Annie M, Cape Coral

Annie.

These are important questions. It's great that you and your daughter are thinking about them now. It will also be important to think about her strengths and weaknesses when choosing and applying to colleges.

It's very important to choose a learning environment that will work to her strengths. Questions she should consider asking include: Do I want the excitement of the city or the peacefulness of a rural environment? Do I work best by myself or do I need peers for study support? Do I learn more in small discussion classes or lecture courses? Then, as she learns more about the schools, she can find out about typical class size, opportunities for small study groups and other learning settings that she may need.

If your daughter makes any college visits, then there are several things she can do to make sure she is getting a good sense of the school. It would be good for her to observe some classes she is interested in, and some professors she would be working with. Are there people on campus she can see herself being friends with? She should aim for a college that feels comfortable to her, a place where her needs can be met and where she will learn to take care of herself as well.

Your daughter's diagnosis shouldn't reduce her chances of getting into college. Her application should speak for her and highlight her skills and experiences. There's no reason she needs to talk about her ADHD in the application process, unless she chooses it to be part of an essay she writes.

Once your daughter is admitted and has chosen a college, you need to ask about accommodations - if you and she believe that she needs them. Every institute of higher learning is required to offer accommodations to their students. Meet someone at the disability concerns office at the college. Make sure you have updated evaluation documents for your daughter's specific accommodations to help with this process.

As a senior in high school, your daughter should practice her advocacy skills so that she is ready to talk to professors and administrators about what she needs. Support is very important when going off to college as an independent learner. Knowing what she needs to succeed and being able to obtain it through her own advocacy is a lifelong skill that will help her not only in college but in the workplace as well.

It's hard work to put all of this in place, and she may need some help from you and her high school counselor to get all of this organized and submitted in a timely way. Her initial college experience will be much smoother and much more successful if her supports for ADHD are already organized before she gets there. That way she will be able to concentrate on her classes far immediately and more

effectively.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be

American Legion Post 123

merican Legion Post 123 is having a fish fry this Sunday, November 3 from noon to 8 p.m. The following Sunday, November 10, barbecued ribs and

chicken are on the menu.

On Veterans Day, Monday, November 11, a free prime rib dinner will be served to all veterans from noon until supply runs out.

The third Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 9 Ball Pool Tournament begins at 5 p.m. on Monday nights.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a sixounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from

11 a.m. to 8 p.m. If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979. 公



BIG ARTS Ethics In Film Series In The Fade



by Ron Green

Wednesday, November 6 at 12:30 p.m., Island Cinema will show In The Fade, the final film in this year's BIG ARTS Ethics In Film Series. The film runs 106 minutes.

After the movie, I will lead a discussion at the cinema.

In The Fade is a German drama film starring Diane Kruger as Katja, a German woman who has finally settled into a happy daily routine in Hamburg with her Turkish husband and 6-year-old son. Katja's life falls apart in the blink of an eye when two neo-Nazis kill her husband and son in a terrorist bomb attack. Her quest for justice soon pushes her to the edge as the two suspects stand trial for murder.

The ethical questions are: What does one do when legal justice isn't enough? Did Katja do the right thing at the film's end? Why do you think she initially hesitated? How does she resolve this hesitation and what do you think of her resolution?



image provided

Tickets are \$7 available at BIG ARTS box office, located at 2244 Periwinkle Way, Ste. 8, online at www. bigarts.com, or on the day of the film at Island Cinema, located at 535 Tarpon Bay Road in Bailey's Center.

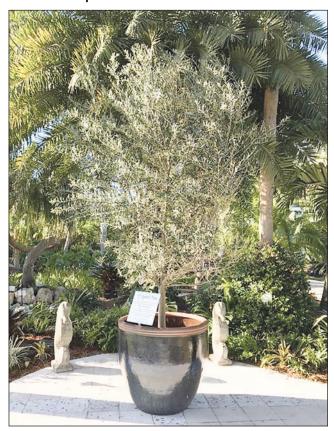
Ronald M. Green is a Sanibel resident and professor emeritus for the study of ethics and human values at Dartmouth College.☆

SCA To Receive Spirit Tree Funds

'n The Garden, Sanibel's retail garden center and outdoor showroom, has a spirit tree, which benefits island nonprofits. Canvas tags can be purchased at the garden center gift shop for \$5 each. Purchasers can write their wishes or blessings on the tags and attach them to the tree. All donations from tag sales, from November 1 through 30, will benefit The Community House and Sanibel Community Association (SCA).

'We invite everyone to stop by and add their good thoughts, well wishes and blessings to our spirit tree," said Lisa Walsh, owner of In The Garden and RS Walsh Landscaping. "All tag sales will be donated to a different local charity each month through April."
RS Walsh

Landscaping and In The Garden are located



An olive tree was chosen to be the Spirit Tree as it represents photo provided love and charity

at 3889 Sanibel-Captiva Road (across from The Sanibel School), open Monday through Friday from 10 a.m. to 4 p.m. and Saturday from 9 a.m. to 1 p.m. For more information, call 395-5859 or visit www.rswalsh.com.

To advertise in the Island Sun, call 395-1213





www.TheFishHouseRestaurants.com

BIG ARTS Monday Night Film Series

Working Woman

by Di Saggau

The BIG ARTS Monday Night Movie for November 4 is the Israeli film Working Woman, and it will be shown in the Strauss Theater. It is set in contemporary Tel Aviv and ties into the #MeToo era, however, feminist director Michal Aviad started working on the film in 2012. Orna is the mother of three young children. She returns to the workplace because her husband is struggling to start his own restaurant.

Orna goes to work for a successful real estate developer, Benny, her former commanding officer during her military service. She formerly worked in child care before staying home to take care of her own kids. Her new job is a chance to move into a career with better pay and some prestige. All seems to be going well and her demanding boss rewards her hard work with raises. However, he starts making inappropriate comments about her clothes and his sexual harassment starts to unnerve her.

She doesn't tell her husband what's going on and tries to maintain boundaries with Benny until things reach a breaking point. This timely story shows in a realistic way, a predicament that too many women find themselves in through no fault of their own. The film runs 93 minutes.

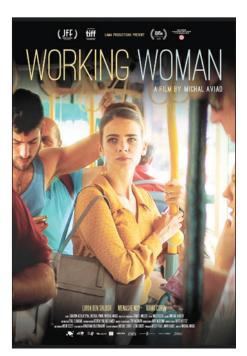


image provided

The moderator for the evening is Mary Arcenaux.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. Through January 20, the films will be shown in the Strauss Theater, located at 2200 Periwinkle Way. Tickets are available online at www.bigarts.org, at the BIG ARTS box office, 2244 Periwinkle Way, Suite 8 and at the door the evening of the movie. For more information, call 395-0900.

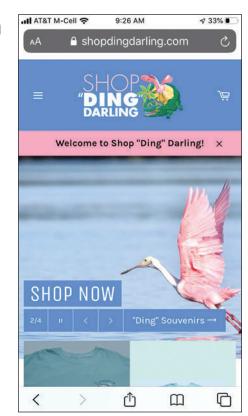
Refuge To Launch E-Commerce Site

Pans of "Ding" Darling Nature Store at JN "Ding" Darling National Wildlife Refuge on Sanibel will no longer have to wait until they visit the refuge to purchase some of the unique souvenirs and gifts the store has become known for. On Monday, November 4 at 9 a.m., www.ShopDingDarling.com goes live for purchasing from anywhere in the United States.

The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) operates the Nature Store to support the refuge through the sale of logo apparel and memorabilia, children's toys, eco-friendly kitchen accessories, art, birding guides and other nature books, fair-trade decorative pieces and a variety of other gifts related to nature and conservation.

In phase one of the e-commerce site rollout, there will be a limited number of items available for online order. Gradually, staff will add more items, but in the meantime, other in-store items not included on the site will be available by phone order at 239-472-1100 ext. 241

"We are excited to extend the reach of our Nature Store to cyberspace," said Ann-Marie Wildman, store manager "As a team, we have been working several years on realizing this goal. Thanks to the efforts of store assistants Chris Galloway and Carrie Harmon and



The new Shop "Ding" Darling e-commerce home page image provided

photographer Scott McPhee, plus the support of all the DDWS staff."

Prior to the November 4 launch date, potential shoppers can register their email address at www.ShopDingDarling.com to receive official notification once the site goes live.







Rebecca Moss reading a large print book on the porch photos provided

See What's New At Sanibel Library

early 100 new large print fiction books have recently been added to the collection at Sanibel Public Library. Bestsellers from James Patterson, Stephen King, Clive Cussler, Debbie Macomber and others have arrived. The library also offers Reader's Digest magazine in large print.

Large print materials have a type size that is easier to read for individuals with low vision, or for people who want to take a break from using their reading



Soussan Kunzie operating Sphero Robot

glasses. The library has a desktop magnifier that patrons can use to read newspapers and books. The magnifier was donated by Alwyn Johnson in memory of her husband, Dr. Irving S.

Weekly children's programs with Youth Service Librarian Deanna Evans continue in November. The full schedule is on the calendar at the library's website at www.sanlib.org.

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. through November 21. Family storytime helps develop pre-reading skills through songs



Desktop magnifier

and stories. No registration required.

The After-School Crew, for kindergarten through fifth graders, will meet at 3 p.m. on Thursdays through November 21. There will be new books, puzzles, games, crafts and snacks. No registration required.

Families can play in the Think Tank from 10 a.m. to 4 p.m. on Fridays in November. The MagixBox projects interactive images from the ceiling to the floor. Stay as long as you choose at this self-directed program.

Learn how to teach a robot simple commands like roll, flip, spin and color change. Have a Sphero race against your friends or drive a Sphero ball around the library. For ages 6 and older, Sphero program will be offered from 10 a.m. to

noon on Tuesday, November 5 and from 3 to 4 p.m. on Thursday, November 7. No registration required.

Tasty Thanksgiving Decor, for ages 12 to 18, will be held from 6 to 7 p.m. on Monday, November 18. Hang out, socialize, make a craft and have a bite to eat. Call 472-2483 to RSVP.

The public is invited to these programs and there is no additional cost to participate. Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor cards are available for a \$10 fee and are good for one year.

Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483 or visit www.sanlib.org.

Top 10 Books On The Island

- 1. Giver of Stars by Jojo Moyes
- Water Dancer by Ta-Nehisi Coates
 Where the Crawdads Sing by Delia Owens
 - 4. Blue Moon by Lee Child
 - 5. Unsheltered by Barbara Kingsolver
 - 6. Dead Ex by Jane Corry
- 7. What Happens in Paradise by Elin Hilderbrand
- 8. Nine Perfect Strangers by Liane Moriarty
- 9. Collector's Apprentice by BA Shapiro
- 10. Caribbean Rim by Randy Wayne







Osland Sun



BUSINESS REAL ESTATE CLASSIFIEDS

VOL. 27, NO. 18

SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 1, 2019

Lecture On Red Tide At Captiva Yacht Club

by Jeff Lysiak

lecture focusing on the effects of red tide, along with information on whether it is naturally occurring or manmade, and what can be done to mitigate the harm caused by it, will be held on Tuesday, November 12 at Captiva Island Yacht Club (CIYC), located at 15903 Captiva Drive. Hosted by members of the CIYC Environmental Committee, the free lecture will take place from 10:30 to 11:45 a.m.

"About a year ago, toxic red tide was very much in the news because of its severity, long duration and large scale kill of the marine life, respiratory problems in humans and the financial loss from the decline in tourism," said Suri Sehgal, chairman of the CIYC Environmental Committee. "So far this year, red tide has not been in the news that much, although algae blooms have been reported in the Collier County and more recently in the Lee County at Fort Myers Beach, in San Carlos Bay and the gulf. Whether they



Dr. Mike Parsons

photos provided

grow explosively in the next few weeks will depend on whether the environmental conditions in the gulf are conducive to its growth."

Leading the discussion will be Dr. Mike Parsons, professor of marine science at Florida Gulf Coast University, and Dr. Cindy Heil, director of the Red Tide



Dr. Cindy Heil

Institute at Mote Marine Laboratory in Sarasota. Combined, both experts have conducted decades of research on red tide.

Red tide is caused by a microscopic single-celled organism called Karenia brevis. It was first identified in Florida in 1947, but it has been present in the Gulf of Mexico for centuries. It is the causative

agent of red tide, which occurs when the organism multiplies to higher than normal concentration. It is alleged that recent severity of red tide can be attributed to warmer gulf waters due to global warming and higher concentration of nutrients in the water. Under such favorable conditions, the organism multiplies rapidly and produces algal blooms that release toxins harmful to marine life and human populations along the coasts.

"Considering the seriousness of the problem, researchers at various institutes, including Mote Marine Laboratory in Sarasota and Florida Fish and Wildlife Institute, are investing methods to mitigate it," said Sehgal. "A lot of progress has been made, but so far there is no concrete solution."

The United States Congress recently approved \$6.25 million to study how red tide blooms affect human health. A consortium of researchers are working on this problem. In addition, Governor Ron DeSantis signed into law SB 1552 approving \$3 million per year for the next five years to research the causes and impacts of red tide. In a partnership between the Florida Fish and Wildlife Research Institute and Mote Marine Laboratory.

Together, Dr. Parsons and Dr. Heil continued on page 8B

Docent Talk Celebrates History Of 'Tween Waters

by Jeff Lysiak

To kick off its 2019-20 season of special events, Captiva Island Historical Society (CIHS) will host an evening celebrating the historic 'Tween Waters Inn with a docent talk by longtime resort representative Tony Lapi and a buffet dinner in the newly-renovated Old Captiva House.

The gathering, taking place on Monday, November 18 from 6 to 9 p.m., will also feature a "theatrical appearance by a personality from our island's yesteryear." It will be held at Old Captiva House at 'Tween Waters Inn, located at 15951 Captiva Drive.

"Tween Waters Inn is one of the historic treasure of Captiva," said Tom Libonate, CIHS president. "Its history is entwined with the rich history of our island."

In 1924, Bristol, Virginia residents Bowman and Grace Price took their doctor's advice and traveled south for the winter. The following spring, they returned to purchase property on Captiva from



This vintage photograph shows Grace Price and her daughter standing in front of one of the original cottages of 'Tween Waters Inn photo courtesy Captiva Island Historical Society

one of the island's early residents, John R. Dickey. This property included a small cottage belonging to the Dickey children's tutor, Reba Fitzpatrick. According to the Price's daughter, Dorothy (Dottie), her parents "remodeled it, did it over, added

on a couple of rooms and came back every winter." Then, they built one cottage in front (towards the gulf) that was to be "just a little guest cottage" for family and friends.

Originally known as Price's Cottages, the hotel took the name 'Tween Waters Inn at

the suggestion of conservationist/cartoonist Jay Norwood "Ding" Darling who – along with his wife, Penny – first stayed at the inn in March 1936. They became repeat guests, returning each winter, with Darling's studio close by in another cottage on the property. While staying at a small cottage down the street, author/aviator Anne Morrow Lindbergh often took supper in the privacy of the dining room there.

After World War II, a number of cottages were transported from Buckingham Army Airfield to this location. In 1962, Grace Price sold 'Tween Waters Inn to her daughter Dorothy "Dottie" Price Wakefield and Dotty's husband John Wakefield. The couple co-managed the resort until its sale in 1969. Rochester Resorts purchased the property in 1974 and is credited for petitioning the National Register of Historic Places to include this notable landmark in its esteemed list. In 2011, 'Tween Waters Inn was the first of, what are now, three Captiva Island landmarks included in the National Register of Historic Places.

With the first signature appearing in the guest book in 1931, today the inn still features several cottages and a portion of the dining room which date back to their original construction, circa 1930-40.

During the November 18 gathering, continued on page 18B

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From The Pen Of 'Ding' Darling



image provided

s politics heat up, this look back at a circa-1936 political cartoon by Jay Norwood "Ding" Darling proves that he foresaw the plight of wildlife, a plight that remains an issue in today's elections. Titled "Nobody's constituents," it shows destitute wildlife struggling as the government hands out bags of money to other interests. The "Ding" Darling National Wildlife Refuge, the cartoonist's namesake, knows the conundrum painfully as the federal government continually cuts refuge budgets. Note the tiny "D'ing" signature

in the cartoon's left-hand corner – a contraction of Darling's last name that became his trademark as his celebrity grew through the 50 years he created Pulitzer Prize-winning cartoons for newspapers across the country.

Through December 1, 2020, the refuge's official anniversary, this newspaper will be running a monthly historical editorial cartoon penned by Jay Norwood "Ding" Darling.

For more information about the refuge's 75th anniversary celebration, visit www.ding75.org. $\frak{\%}$

Limited Tickets For Blues By The Bay

lues by the Bay, an evening of live music, food and drinks, will be held at the riverfront home of Dean and Lori Munro in the St. Charles Harbour community on Tuesday, November 19 from 7 to 9 p.m.

Guests will be offered samplings from the area's finest restaurants, fine wines, a signature Blue Bay Martini, Champagne and live music by The Wayward Souls blues band. Live and silent auction items will be offered, and all proceeds will benefit the School Success programs for at-risk children in the Harlem Heights neighborhood in Fort Myers. Sponsors

include Edison National Bank/Bank of the Islands and Entech. VIP sponsors include Rich and Sandy Heinrich and Jason and Sherri Huff. JP Morgan Limousine is an in-kind sponsor. Additional sponsorship opportunities are available. Dress is resort

Participating restaurants include Dante's Coal Fired Pizza, The House of Pasta, The Jac Island Bar & Grille, Keylime Bistro, MudBugs Cajun Kitchen, St. Charles Yacht Club, Sunshine Seafood Cafe and The

Tickets are \$125 each with space limited. Guests can upgrade to VIP level and receive tickets to the pre-party at the home of Tim and Sandy Youngquist in St. Charles Yacht Club. Visit www. heightsfoundation.org/blues or call Karen Lesza at 482-7706.₽



F.I.S.H. OF SANCAP

OPEN HOUSE Monday, November 11th 4:00-6:00 P.M.

You're invited to the F.I.S.H. OF SANCAP Annual Open House, to be held Monday, November 11 from 4:00 PM - 6:00 PM at the F.I.S.H. Walk-In Center located at 2430-B Periwinkle Way, Sanibel.



Graciously sponsored by Inky and Jack Meng, the open house will showcase the work of F.I.S.H., whose mission is to lend a helping hand to those who live, work or visit here, while enriching the lives of everyone on Sanibel & Captiva Islands through food programs, island based workshops, social services and helping hands.

Light hors d'oeuvres, with wine pairing, will be provided by Sanibel Catering Company by Bailey's. Handicap Only Parking is offered on-site; additional parking is available at Bailey's General Store.

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Workshops On Residency And Tax Changes

Norida residency, new tax laws and many other factors affect one's estate planning documents. Florida Bar Board Certified Wills, Trusts and Estates Attorneys Craig R. Hersch and Michael B. Hill, partners at Sheppard, Brett, Stewart, Hersch, Kinsey & Hill, PA, will provide insights regarding estate planning opportunities during their free Estate Planning Workshops.

The Naples workshop will be held at the Naples Daily News community meeting room on Tuesday, November 5 from 2 to 4 p.m. The Sanibel Island workshop takes place at The Community House on Thursday, November 7 from 10 a.m. to noon. Attendees will receive a free book, Florida Residency & Estate Planning Guide, written by Hersch.

During these free workshops, Hersch and Hill will discuss effective estate planning techniques. Topics of discussion include:

How Florida residency affects your estate plan (even if your northern attorney told you it's ok).



Craig Hersch and Michael Hill

photo provided

How your revocable trust may not avoid probate.

Why you should update your power of attorney, health care surrogate, living will and other ancillary documents.

How recent tax law changes affect your estate plan.

How to keep your legal documents Florida compliant, up-to-date and available at all times.

Naples Daily News is located at 1100 Immokalee Road in Naples. The Community House is located at 2173 Periwinkle Way on Sanibel. To reserve a seat at either workshop, sign up online at www.sbshlaw.com/workshops or call 603-7034.☆

COTI Lecture To Address Issues Affecting Islands

he Committee of the Islands (COTI) will hold a forum on issues of crucial importance to islanders starting at 7 p.m. on Thursday, November 14 at The Community House. The 90-minute COTI Conversations, the organization's first event of the season, is open to COTI members and individuals wishing to become members of the organization.

Two guest experts, Dr. Howard Simon and Dr. Walter Bradley, will lead the discussion. The topic for the lecture is Using Science to Shape Public Policies: Preventing Harmful Algae Blooms. Simon and Bradley will deliver their presentation first, after which they will moderate the conversation with attendees.

Simon retired in November 2018 as the longest serving state director for the American Civil Liberties Union in the organization's 100-year history. He created Clean Okeechobee Waters Foundation to work with biomedical scientists and physicians who have linked toxins produced by Harmful Algae Blooms (HABs) to neurological illnesses, including ALS and Alzheimer's disease. He is an advocate for policies, especially action by the Florida Legislature, to address the public health threat from HABs.

Simon earned a PhD in legal and political philosophy from the University of Minnesota. He taught at the University of Minnesota and DePauw University as a member of the Department of Philosophy and Religion. Among other post-retirement projects, he is a board member of Calusa Waterkeeper. He and his wife, Beth Wilson, have retired to Sanibel

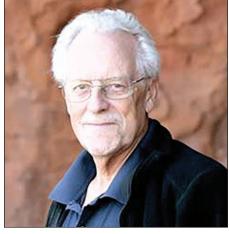
Bradley has an international reputation for his contributions to the fields of amyotrophic lateral sclerosis, peripheral neuropathies, inflammatory myopathies and muscular dystrophy. He has received grant monies exceeding \$10 million from the National Institutes of Health, foundations and pharmaceutical companies.

Awarded the DM degree from Oxford University, Bradley was appointed foundation professor of experimental neurology in the University of Newcastle upon Tyne. He served as vice chairman of the Department of Neurology at Tufts-New England Medical Center, chairman of the Department of Neurology in the University



Dr. Howard Simon

photos provided



Dr. Walter Bradley

of Vermont, and chairman of the Department of Neurology of the University of Miami.

Bradley is a fellow of the Royal College of Physicians of London and board certified in neurology and psychiatry. He is a member and former counselor of the American Neurological Association and a fellow of the American Academy of Neurology.

COTI memberships will be available at the door for individuals interested in attending the forum who are not yet members of the organization.

Refreshments will be served.
The next COTI Conversations will be held in March at The Community House.

For more information on COTI Conversations or on the activities of the Committee of the Islands, contact COTI President Chris Andrews at 292-9109 or visit www.coti.org.

The Community House is located at 2173 Periwinkle Way on Sanibel.

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Sarah Ashton Realtor RE/MAX of the Island





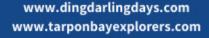
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Rotary Happenings

submitted by Shirley Jewell

anibel-Captiva Rotary had the pleasure of having BIG ARTS' Executive Director Lee Ellen Harder as our guest speaker recently.



As most islanders know, over the summer, there have been many changes to the BIG ARTS cultural complex on Sanibel. In fact, that is really an understatement in describing the amazing transformation to the BIG ARTS buildings and grounds. How about we just call it a total teardown, because that is exactly what happened. The new building occupies the same buildable footprint but now uses the outside veranda spaces and walkways within the framework of the new 30,865-square-foot building. The new design will allow for an entrance from the shared BIG ARTS/Sanibel Historical Museum & Village parking area into a lobby with space for gathering before and after performing arts events in the 410seat theater, or other events happening on this cultural campus.

The vision of the new BIG ARTS building was to keep the traditions of the founders of alive and well, using as their guideline the mission "to create great arts, entertainment and learning experiences that always inspire, enrich and delight. From the dreams of a small group of



BIG ARTS Executive Director Lee Ellen Harder, right, gave a presentation on the facility, from its founding members to today's renovation image provided

creative islanders, Barrier Island Group for the Arts/BIG ARTS was formed in 1979. The idea was to provide islanders programming and space where visual and performing arts would find a home here on Sanibel. The City of Sanibel helped in that vision by leasing land for such a place.

Modifications throughout the next 40 years have expanded the campus and the programming offered at BIG ARTS, but the main venue, Schein Hall, was no longer capable of providing a quality audience experience, and updates to sound and lighting just could not be improved on any further. The design of the seating area in the performance hall needed a functioning redesign as well, with some flexibility that will enhance the audience experience for many types of

performance art.

Gallery, classroom and artistic studio space needed to be expanded, and to keep everything humming along, there was a need for a better designed office space command center. Flexible public indoor and outdoor space for social gatherings was needed and is now incorporated in the new building, with the addition of a thrust stage outdoor extension of the building. BIG ARTS will soon have the ability to provide staging for outdoor performances within the center garden area of the BIG ARTS campus.

Congratulations go to the outstanding group of forward thinkers at BIG ARTS who dared to dream big to create such a beautiful new venue for the arts. A venue that will house quality entertainment

genres and provide space where creative works can be produced. And a space where lectures and classes may stimulate our thinking and expand our minds.

Sanibel-Captiva Rotary is delighted to have taken part in the BIG ARTS capital campaign for the construction and outfitting of this outstanding asset to our community. Our business community here on the islands benefits from having such an exciting cultural and educational center on Sanibel, one that draws people to our restaurants and shops before and after performances.

Harder showed us a time-lapse video of construction on the new BIG ARTS building. Wow! Buildings coming down, land being cleared and leveled, cement being poured, walls going up, windows and doors going in, roof construction and a paint job. The video ends there but not the work. Now the inside finishing begins and that will probably be the toughest area to get right. Technology galore.

The opening of the new building and BIG ARTS Dream Season 2020 starts on February 1 with The Great Dubois. This will certainly be a busy year at BIG ARTS, so don't wait too long to buy your tickets. Visit www.bigarts.org. Workshops have been also been announced and reservations are being taken.

Some may wonder what is happening to the BIG ARTS Strauss Theater on Perwinkle Way. I think plans are still in the works for that space.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are



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FRIDAY Mostly Cloudy High: 83 Low: 73



SATURDAY Mostly Sunny High: 80 Low: 70



SUNDAY Cloudy High: 77 Low: 67



MONDAY Sunny High: 76 Low: 66



TUESDAY Sunny



WEDNESDAY Mostly Sunny High: 77 Low: 67



Cape Coral Bridge Tides

THURSDAY Partly Cloudy High: 79 Low: 69

	Red	fish Pas	s Tides	
Day	<u>High</u>	Low	<u>High</u>	Low
Fri	3:02 am	10:59 am	None	None
Sat	3:42 am	11:59 am	None	None
Sun	3:32 am	12:05 pm	None	None
Mon	4:44 am	1:10 pm	9:34 pm	None
Tue	6:35 am	1:04 am	9:54 pm	2:09 pm
Wed	8:23 am	2:37 am	10:14 pm	2:59 pm
Thu	9:41 am	3:36 am	10:32 pm	3:40 pm

Punta Rassa Tides High <u>Day</u> Low <u>High</u> Low 3:19 am 11:02 am 5:41 pm 10:43 pm 4:03 am 11:47 am 6:28 pm 11:16 pm Sat 3:49 am 11:41 am 6:22 pm 10:57 pm 4:39 am 12:51 pm 7:20 pm None 6:10 am 1:03 am 8:17 pm 1:56 pm 7:41 am 2:22 am 9:15 pm 2:51 pm 8:58 am 3:24 am 10:09 pm 3:41 pm

<u>High</u> Day Low **High** Low 5:12 am 2:15 pm None None Sat 5:52 am 3:15 pm None None Sun 5:42 am 3:21 pm None None Mon 6:54 am 4:26 pm 11:44 pm None 8:45 am 4:20 am None 5:25 pm Wed 12:04 am 5:53 am 10:33 am 6:15 pm Thu 12:24 am 6:52 am 11:51 am 6:56 pm

Island Seniors At Center 4 Life

friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.



The Center 4 Life will be closed on Monday, November 11 in observance of Veterans Day.

Donations Needed For Trash & Treasures Sale - Island Seniors, Inc. is still accepting donations of clean, gently used items for the fall Trash & Treasures Sale, to be held on Saturday, November 9 from 9 a.m. to 2 p.m. Priced items are available for purchase. All proceeds help support programs at the center. Donations are tax deductible and you can drop them off at the center Monday through Friday between 8 a.m. and 3 p.m. Donations will be accepted until 3 p.m. on Wednesday, November 6. Books, clothing, shoes, computers or old TVs will not be accepted. If you have any questions, call 472-5743.

Kayaking on Tuesdays - November 5, 12, 19 and 26 at 8:30 a.m., weather permitting. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration required.

Marina Jack's Lunch Cruise on

Sarasota Bay Plus St Armand's Circle – Tuesday, November 5. Cost is \$99 for members and \$109 for non-members. Includes round trip transportation, sightseeing cruise on on the bay with buffet lunch, shopping time at St. Armand's Circle and a stop at Der Dutchman Amish Bakery. Bus departs

from Fort Myers location at 9:30 a.m.

Page Turners with Louise Fitzgerald & Ann Hartman - If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

The featured book for Wednesday, November 13 is Where the Crawdads Sing by Delia Owens. Book discussion begins at 2:30 p.m.

The novel's main narrative opens in the marshland near the well, leaving only Kya and Pa. Pa spends increasingly more time away from the shack over the years, and when Kya is about ten years old, Pa leaves forever. Kya has become thoroughly self-sufficient by this time, living on the land and occasionally trading in town for necessary supplies."

- BookRags.com **Line Dancing Classes** – Tuesdays, October 29, November 5 and 26 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members.

The instructor will review dance steps then turn up the music. Bring a friend for a fun-filled afternoon. Advance registration is not required.

Veterans Tribute Sunset Social on the Causeway - Thursday, November 7 at 4:30 p.m. (weather permitting) Complimentary for members and \$5 for non-members.

Spend an evening relaxing and watching the sunset with friends. Food will be served at 5 p.m. Bring your beach chair. This event is sponsored by Comfort Keepers. Call 472-5743 if you are interested in participating and for

directions to the viewing area.

AARP Driver Safety Course -Thursdays, November 12 and 19, 1 to 4 p.m. Island Seniors, Inc. is sponsoring the AARP Smart Driver Course at the Center 4 Life. This is a fast-paced, interactive six-hour class for drivers ages 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive drivers and other tips to help you maintain confidence in your driving. Attendees will be eligible for a discount on their auto insurance.

Course fee is \$20 and AARP members receive a \$5 discount. Register by contacting Ed Vander Hey at 292-4012 and leave a message. You need not be a member of the Island Seniors to attend but you must attend both classes in order to receive course certificate.

Games – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge - Monday and Wednesday. Registration begins at 12:30 p.m. Game begins at 1 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m

Hand & Foot – Thursday at noon. **Hearts** – Friday at 12:30 p.m.

Fitness Classes - Island Seniors, Inc. members pay \$4.10 per class, visitors pay \$10.25 per class. Island Seniors, Inc. annual membership is \$20. Classes are included with Sanibel Recreation Center membership. You must show your Sanibel Recreation Center membership card to attend.

Fitness class schedule is as follows: Cardio Combo – Monday, Wednesday and Friday at 8 a.m.

Keep your brain fit, and your heart, lungs and muscles strong. Hand weights, stretch cords, stability balls and your body weight will be used. The format is 30 minutes of cardio dance and 30 minutes of balance exercises, core strength,

flexibility exercises and mat work.

50/50 Cardio Sculpt - Monday, Wednesday and Friday at 9:30 a.m. Classes offered at 11 a.m. beginning November 18. This class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls.

Power Hour Fitness - Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga - Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.🌣

From page 1

Lecture

will present a history of Florida's red tide, focusing on the cause of the blooms, what might exacerbate the size and duration of the blooms, and potential tools to control and mitigate the blooms. Attendees will learn how nutrient pollution and climate change affect red tide. Their discussion will include the 2015-17 red tide bloom and ongoing studies to determine why the bloom was so lengthy and intense.

Parking is very limited and seating is on a first come basis. Organizers suggest arriving early and consider carpooling.

For more information, call 472-4133



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CASI Hosts Annual Member Luncheon



Sanibel City Manager Judie Zimomra and City of Sanibel Director of Community Services Keith Williams were among the guests at the Condominium Association of Sanibel, Inc. (CASI) annual luncheon, held recently at Thistle Lodge



From left, sponsors Troy Conner and Liz Gomez of Symbiont Service Corp., Gianni Vitiello of Rosier Insurance, Ellen Lai of Association Legal Services, Angie Larson Roehl and Lourdes Montagne of Rosier Insurance, Juergen Schreyer of Island Home Services, John Grey of John Grey Painting & Renovations, Peter Carstens and Christopher Comer of Island Home Services, Derrick Grey of John Grey Painting & Renovations and Leland Wilson of Association of Legal Services



From left, Dina Craig of Ocean's Reach, CASI President Linda Naton of Somerset at the Reef and Amy Speckman of Casa Ybel Resort



From left, Sanibel Police Chief Bill Dalton, City of Sanibel Deputy Director of Natural Resources Holly Milbrandt and CASI board member Julie Smith of Sanibel Siesta



From left, Angela Jones of Sanibel Arms, CASI board member Carmine Rende of Sundial East and Nancy Wright of Sanibel Arms



Betsy Dekker and Lisa Bowser of Colony Inn



Shari Evans and Diane Pulliam of Island Beach Club



Lloyd Refford and Lynn Shelhorn of Signal Inn



From left, Christopher Comer, Juergen Schreyer and Peter Carstens of Island Home Services



Derrick Grey and Police Chief Bill Dalton



Paul Harmon of Sanibel Siesta with Holly Millbrandt



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pickleball tournament was held on October 11 to 20 at Sundial Beach Resort and Spa, and a number of Sanibel locals took home medals. Despite the rain on Saturday and the gale force winds, competitors played their best and had a great time.

"With pickleball being the fastest growing sport throughout the nation, it is so exciting to do a tournament right here on Sanibel," said Melissa Rice.

Here's the rundown of the medal

winners from Sanibel:

Women's Doubles Pro division -Chrisite Bradley and Sarah Mitten won gold.

Women's Doubles 4.0 50+ division, Betsy Ventura and Suzanne Bird won gold.

Women's Doubles 3.5 50+ division – Doreen Ruane and Melissa Rice won

Men's Doubles 5.0 division - Ernesto Enriquez-Socas and Ben Randlett won silver.

Men's Doubles 4.5 division - Joey



Matt Nielsen and Jonny Pickleball Andrews won bronze photos provided

Bird and Darrin Klinger won silver. Men's Doubles 3.5 50+ division Kevin Jolicoeur and Bob Blakely won gold and Dr. Scott Bakos and John Raho won bronze.

Mens' Singles 4.0 under 60 – Darrin Klinger won bronze.

Mixed Doubles, 3.0 50+ division -Lyn Arnold and Eric Levine won silver. Mixed Doubles, 3.5 50+ division -Jean Baer and Mike Murray won silver.



Lyn Arnold and Eric Levine won silver

Mixed Doubles 4.0 division - Betsy Ventura and Darrin Klinger won gold, Bob Blakely and Audrey Bamberger won silver and Suzanne and Joey Bird won

Mixed Doubles 4.0 60+ - Bob Vinson and Sue Vinson won silver.

Mixed Doubles 4.5 - Ernesto



Mike Murray and Jean Baer won silver

Enriquez-Socas and Maria Rodriguez won silver

Men's Singles 4.0 over 60 - Angelo Izquierdo won gold, Ted Rassmann won silver and John McDaniel won bronze.

Local celebrity, Jonny Pickleball, played in the Men's doubles 5.0 with his partner Matt Neilson and won bronze.\$



From left, Ted Rassmann won silver, Angelo Izquierdo won gold and John McDaniel won



From left, Lucy Kitcher and Courtney Miles won silver, and Christie Bradley and Sarah Mitten won gold



From left, Marnie Cutrone and Suzanne Graziano won bronze, Betsy Ventura and Suzanne Bird won gold, and Lisa Garrett and Audrey Bamberger won silver



From left, Vicky Branson and Barbara Brouwer won silver, Korin Gulshen and Maria Ramos won gold, and Melissa Rice and Doreen Ruane won bronze

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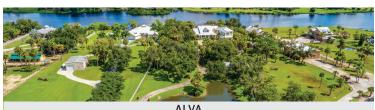


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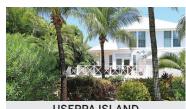
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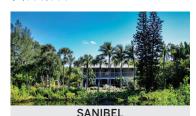
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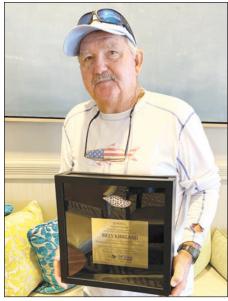
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Business Owner Receives Award For Leadership

he Lee County Visitor & Convention Bureau (VCB) presented its annual Junonia Award to Billy Kirkland, owner of Billy's Bike Shop & Segway of Sanibel, at its annual sales and marketing meeting on October 24 at Sanibel Harbour Marriott Resort &

Created in 2006, the VCB's Junonia Award recognizes individuals who positively impact Lee County's tourism community by demonstrating unique capabilities, leadership, commitment and dedication. The award, named for the junonia – a treasured shell known for its rarity and exceptional quality – was selected as the symbol of the VCB's annual award.

Kirkland, a United States Army veteran and Georgia native, got his start in Lee County in the 1970s renting sailboats and beach chairs on Fort Myers Beach. He moved to Sanibel and began working with island resorts to rent chairs, bicycles and sailboats. With business booming, Kirkland and his wife, Salli,



Billy Kirkland

photo provided

opened the first Billy's Rentals, providing surreys, beach cruisers, wheelchair bikes and beach equipment. They later opened Billy's Bike Shop for high-end rentals and

When Hurricane Charley hit in 2004, they helped the community by opening Billy's Tractor Business, offering brush

removal and maintenance of parking lots and private roads.

Throughout the years, Kirkland has given time, resources and monetary support to organizations and businesses across the islands. For example, they hosted an annual bicycle safety rodeo at The Sanibel School to educate youth on the rules of the road when bicycling.

Kirkland has won multiple Elaine McLaughlin Outstanding Hospitality Service Awards, received the Southwest Florida Blue Chip Community Business Award in 2016 and the Florida Senate Medal of Excellence for dedication to the community.

'Billy's company motto describes him perfectly - 'to give back to the community you live and work in," said Tamara Pigott, executive director of the Lee County VCB. "We are proud to award him our 2019 Junonia for his exceptional dedication and love for Lee

Superior Interiors

Get Your Family Room Ready For The Holidays



by Barb Cacchione

ooler temps and shorter days, not to mention pumpkin spice. Fall's arrival often gets people thinking about the holidays just around the corner. Soon enough, your home will be filled with

decorations, presents and loving family members for big holiday celebrations. Before this can happen, however, you need to make sure your living space encourages the party and welcomes guests with ease. The last thing you want to do is invite family and friends over to a crowded, unorganized space that doesn't exude the slightest touch of comfort.

Are you throwing this year's holiday party? Consider the following tips for getting the family room ready for the holidays.

As with any room transformation, the first and most important step is decluttering. Get rid of the odds and ends that are holding the room back from its full potential. From stacks of mail and old magazines to the lounge chair you haven't touched in years, there are plenty of different ways to reorganize the space before you start your redesign.

Speaking of organization, traffic flow is something you must keep in mind during the revamp. You're likely getting the room ready for a large group of people, so you want to avoid a jumbled mess of

poorly placed furniture. Rearrange the sofas, tables and chairs in a way that encourages guests to glide seamlessly throughout the space.

Keeping traffic flow in mind is critical, but that doesn't mean you should remove all but one option for seating. Remember, you're going to have guests over who may want access to seating most of the night, so provide enough to accommodate all of your guests.

Once the space is in order, think about refreshing the theme and decor. If you want to achieve a look that matches the intimacy and cheer that comes with the holidays, perhaps a deeper color palette can help you achieve this, if only in accessories such as pillows and throws. Traditional holiday colors incorporated into neutral areas can make a gorgeous backdrop to the celebration.

If wall decor is at the top of mind during this holiday revamp, why not showcase your guests with a family photo wall? Create a modern collage of old and new pictures of everyone. It's a gorgeous and stylish touch, but it's also a great conversation starter.

Finally, there's no better way to seal the deal on a redesigned room than with a few final touches. Candles or fresh flowers can be the icing on the cake to your new and improved family room. Consider seasonal bouquets and scents inspired by the holiday season.

Preparing for the holidays can be stressful enough. If getting your family/great room (or the rest of your home) ready for the big get-together is worrisome, contact a design professional. You'll receive expert advice and tips for transforming your room just in time for the holiday party.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@



Hosted by Island Seniors, Inc.



Find us at the corner of

Palm Ridge & Library Way

Island Seniors are currently looking for donations of your clean "gently used" items. The sale is a huge event for the Island Seniors/Center 4 Life and all the proceeds help support their programs such as; kayaking, fitness, technology, games, pot lucks, arts and so much more.

> Drop off is available Monday through Friday between 9:00 a.m.- 3:00 p.m.







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Media







A Day Of Music, Refreshments And Family Fun At 34th Annual Baileyfest



To open the 34th annual Baileyfest, held on Sunday afternoon, the king and queen arrived on a mule-drawn wagon. The community event drew hundreds of residents and visitors to Bailey's Center for a day of music, refreshments, games and family fun.

photos by Jeff Lysiak



Baileyfest host Richard Johnson welcoming the crowd as Jason Maughan looks on



Gloria Garrett from the Sanibel-Captiva chapter of the American Business Women's Association (ABWA)



Eugene and Velma Gavin



Jack David and Benjamin Miller singing *You Are My Sunshine*



A show-stopping performance by Sanderella, who sang the Whitney Houston classic *I Wanna Dance With Somebody*



Vernal Pool rocking the crowd with songs including Shake It Off, Monster Mash and Godzilla



Sanibel Historical Museum & Village Executive Director Emilie Alfino chatting with Patty Wettstein, volunteer at the JN "Ding" Darling National Wildlife Refuge



The Baileyfest king and queen, Brock Catlin and Madison Byrne, were crowned by event organizer Roni Martorelli, center



Sanibel Police Officer John Jakubowski taking aim at the football toss challenge



Maria Espinoza from FISH of SanCap



A popular activity for youngsters was the inflatable obstacle course

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Will Power

Trust And Love



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

to destroy us and trusting they won't use it." It's not a coincidence that the word "trust" also refers to a legal document created to hold and distribute one's assets, and that the

When considering who should be a successor trustee to your revocable living trust, if you should become incapacitated for example, you are giving someone the power to destroy you

While the trustee is supposed to follow the terms of the trust, no court of law, no judge, no government regulatory authority monitors your trustee's actions. If the trustee should make a distribution that is outside of the scope of his or her authority, the trust beneficiary's recourse is to bring a lawsuit. They can't stop him so much as they try to recover damages that he caused.

During client conferences when discussing who should serve as trustee, I often have

'If both you and your spouse should both be unable or unwilling to serve as your own

"I want my oldest son, Robert," the client answers.

"Tell me about Robert," I ask.

"Oh, he's not the most responsible one in the family. He's been through several divorces and even had to declare bankruptcy a couple of years ago. He's always behind in his alimony and financial support so he's hauled into court by his ex-wife frequently."

My eyes open wide, "Really?! This is who you want to entrust with your financial security?

oldest son. He should be the one named to act for us. Besides, he'll take direction from Jim, our financial planner.

can he?

inside of your trust, and which firm he uses to get financial advice is up to him."

y favorite definition of love is "giving someone the power 'trustee" is the one who holds all the trust powers.

financially. Your trustee has the power to invest the trust assets as he or she sees fit and has the power to make trust distributions.

Therefore, the selection of the successor trustee is quite important.

conversations that go something like this:

trustee to your trust, who do you want to serve?"

"Yes," the client responds. "If we don't name Robert, he'll be offended as he is our

What if Robert fires Jim and decides to invest your trust funds as an online day trader?" I ask.

Clients look at each other with surprise registering on their faces, "He can't do that,

"You bet he can," I answer. "He's the trustee, so his decisions as to the investments

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"Well, if he loses all our money could we recover against the online internet trading company?

'No, they didn't do anything wrong. You would have a legal action against your son for failing to act as a prudent investor, which he has a duty to under the law. My guess is that you probably wouldn't bring a lawsuit against your own son, and if you did he likely doesn't have any assets against which you could recover. If he was acting as your trustee, you would likely be incapacitated anyway or you'd be serving as your own trustee. So if Robert did all these terrible things, you wouldn't even likely realize what was happening."

Perhaps now you can see how important the word "trust" is inside of a revocable living trust and naming a trustee. There are many options to avoid potential disasters. The best option is to select a hyper-responsible individual who is responsive to your legal, tax and financial advisors and would never put their own interests above yours.

Another good idea is to name a bank, trust company or financial firm as a trustee or as a co-trustee. This way, you have built in money-management, as well as an independent authority to act as a check and balance against anything that the individual trustee does. The corporate trustee has a fiduciary duty to follow the trust directions and has malpractice insurance that you or your beneficiaries may recover against should the corporate trustee act wrongly.

There's a lot to consider when putting your trust in someone else's hands. (For more information, visit www.estateprograms.com/selectingyourtrustee for a free guide!) While the ones you love always have the power to destroy you emotionally, when you give them the power to also destroy you financially you better be sure that they won't use that power either.

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From page 1

`Tween Waters

Lapi will speak on his experiences at the resort. Becaming general manager of 'Tween Waters Inn when Rochester Resorts purchased the property in the mid-'70s, Lapi is now the president and CEO of Rochester Resorts.

'Over his 40-plus-year association with 'Tween Waters Inn, we can't imagine anyone alive who can draw on the history of the property, his relationship with the Price-Wakefield family and stories of its renowned guests, such as 'Ding' Darling,' noted Libonate.

Old Captiva House recently underwent a major renovation and reopened back in May. First built as a one-room school for children of Captiva's pioneer settlers, the structure still reflects much of its original charm. In fact, the historic significance of Old Captiva House and its preservation in architecture and art includes a collection of "Ding" Darling's 1940s whimsical vacation illustrations.

For this special event, Old Captiva House will be serving a triple entrée buffet to include macadamia nut crusted chicken, marinated grilled flank steak and crab

stuffed jumbo shrimp with citrus butter sauce. Also included are assorted salads and vegetables as well as a dessert buffet. Guests will also be served hot and cold passed hors d'ouvres along with beer, wine and soft drinks.

Tickets are \$125 per person, which includes the buffet dinner and beverages. Limited seating is available and advance reservations are required. To purchase tickets, call 472-2323.

The Sanibel Captiva Trust Company is the 2019-20 season Presenting Sponsor.

Future event dates on the CIHS 2019-20 calendar include:

Saturday, December 7 at noon Monday, January 13 at 6 p.m. Saturday, January 25 at 10 a.m. Wednesday, February 5 at 7 p.m. Tuesday, March 3 at 7 p.m. Monday, April 6 at 7 p.m.

"Our 2019-20 season features our most exciting and ambitious calendar of programs to date. From November to April, we've planned eight programs, up from six in prior years," added Libonate.
"A detailed schedule will be released on November 18.

For more information, visit www.

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Sanibel-Captiva Kiwanis Club has supported CECI since 1974, when some of its members' children attended the preschool photo provided

Kiwanis Sponsors 45th Anniversary Celebration

he Sanibel-Captiva Kiwanis Club is a Forest Sponsor of the Children's Education Center of the Islands (CECI) 45th Year Celebration.

For the past 45 years, CECI has provided quality education to local preschoolers. In fact, many of the local Kiwanians' children or grandchildren attended the preschool. The

Celebrating 45 Years event will be held on Saturday, November 16 from 6 to 9 p.m. at Mudbugs Cajun Kitchen, located at 1473 Periwinkle Way on Sanibel. The evening will include dinner, drinks, a live auction, 50/50 raffle and a live band. Tickets are \$100 per person and can be purchased at the preschool, 350 Casa Ybel Road, by calling 472-4538 or at Adventures in Paradise, located at 2019 Periwinkle Way in the Tahitian Gardens Shopping Center.

'We are very grateful for the continued support of the Sanibel-Captiva Kiwanis. It truly makes a

difference in the lives of many children," said Cindy DeCosta, CECI executive director.

Since 1974, the Children's Education Center of the Islands has educated the children of the community as a 501(c)3 nonprofit preschool that is dedicated to creating a nurturing, exciting learning environment that creates happy, curious, confident children in its nature-based preschool. The school relies on the support of the community.

For more information, call Cindy DeCosta at 472-4538 or visit www. childrenseducationcenter.com.

County Adds 20 Acres To Preserve

ee County has acquired an addition of about 20 acres to the existing 1,155-acre Conservation 20/20 Alva Scrub Preserve.

The Lee Board of County Commissioners recently voted to pursue the purchase. The county purchased the property for \$179,100, plus costs.

This 20-acre addition to the preserve squares off a western portion of Alva Scrub Preserve. Portions of the existing preserve are home to families of Florida scrub-jays, a state and federally listed threatened species. The primary stewardship objectives for the preserve is maintaining the existing habitat for scrub-jays as well as enhancing disturbed upland ecosystems. Enhancements include prescribed fire, plantings, pasture restoration and removal of invasive exotic plants and animals. This preserve is approximately 17 miles east of downtown Fort Myers and offers a four-mile east-west corridor for wildlife.

Conservation 20/20 is Lee County's environmentally sensitive land acquisition and management program, and has preserved 29,945 acres since its inception. Conservation lands help the county protect drinking water, enhance water quality, provide nature-based recreational opportunities, protect areas from flooding and provide wildlife habitat.

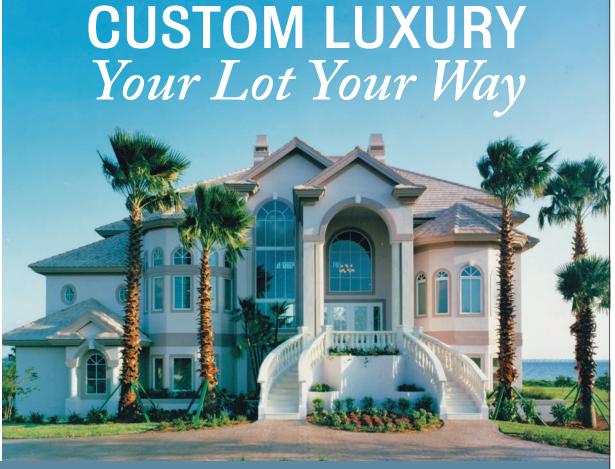
For more information, visit www. conservation2020.org.☆



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by Howard Prager

aseball season is over. Although when I wrote this I didn't know who the World Series champion was, this has been a series that's been far closer than anyone expected

and perhaps the biggest surprise is that the visiting team has won all games at least through game 5. (I wonder if the Nats can win game 6 in Houston? If they do, will the ailing Scherzer be able to come back and pitch game 7? You will already know when you're reading this.) Whoever wins, I hope you enjoyed the series as much as I did. And the tables are already being set for next year with new managers coming to the Padres, Cubs, Pirates, Giants, Royals, Mets, and Phillies in a busy offseason on the managerial carousel. What's the better choice, choosing a proven veteran like Joe Girardi now with the Phillies and Joe Maddon with the Angels who both have World Series rings as managers, or choosing unproven David Ross of the Cubs and Jayce Tingler of the Padres? I expect other openings to be filled this week once the series ends, so we may find more first-time managers out there if history proves correct from the Nats and the Astros coaching ranks. This past year began with new managers for the Cincinnati Reds, Baltimore Orioles, Los Angeles Angels, Minnesota Twins, Texas Rangers and Toronto Blue Jays. That means over a third of baseball teams will have had a new manager in the past year. And there were six new managers in 2018. That makes nearly two-thirds of baseball managers who have been in their jobs less than two years. Definitely being a baseball manager is not a good longterm job prospect.

How have new managers fared? For

the Twins, they hit the jackpot making the playoffs in just the first year with 37year old manager Rocco Baldelli. Aaron Boone, hired before this season, helped himself by getting the Yankees past the first round this year in the playoffs. But look at Davey Martinez, hired in 2018. He is the one who finally brought the Nats to the World Series.

What are teams looking for? Experience, knowledge, communication, ability to relate to younger players and the use of analytics. With so many general managers today using so many statistics and the new metrics for everything from how much to pay a player to who to draft and trade for, they want their managers to use these same new tools. As reported by the *Minneapolis Star-Tribune* when he was hired, "In selecting Rocco Baldelli, the Twins saw all the attributes they were told about during their due diligence into his background: He's young, affable, honest, sharp, a strong communicator and embraces analytics. 'We all know that a manager touches not just the players,' Twins Chief Baseball Officer Derek Falvey said. 'It's not just writing out the lineup card and managing from the dugout every night. It's across all facets of the operation.' While the Twins and other teams are hiring managers more for their communication skills and less because of managerial experience, it doesn't hurt that Baldelli played for Lou Piniella and Joe Maddon with Tampa Bay and Terry Francona with Boston.

And speaking of experience and records, Tiger Woods again sets a new record by winning the first PGA tournament in Japan and tying Sam Snead's all-time leading record with his 82nd PGA tournament win. Well done.

So let's go from one extreme – the World Series, choosing baseball managers, and golfing legends - to a much younger legend in the making. Eight-year-old Tommy Morrisey put his love of both sports together and has been making his own highlights in baseball and golf - with just one arm. Golf is his passion and, because all of his favorite golfers were right handed, Tommy

swings like a righty but with his left arm. Developing his swing in golf since he was 3, Tommy has been featured on all the major TV networks and met many PGA greats and impressed them with his stroke and enthusiasm. He took that swing to baseball, and earlier this year hit an inside-the-park home run. But this is more than a sports story. Tommy works with the Unlimbited Foundation at the Paley Institute in West Palm Beach and spends his time "advocating for limb saving and correction treatments for children and hopes that with the help and care of donors and the world renowned surgeons at The Paley Orthopedic and Spine Institute, no child will have to lose their arms or legs as a result of a lack of awareness of alternative treatments or financial resources." Now that's truly an out-of-the park home run.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@ islandsunnews.com.☆

Pet Adoption Discounts

ind your perfect companion from the pet "pup-kin" patch in November. There are plenty of pets to fall in love with at Lee County Domestic Animal Services. Cats, kittens, dogs and rabbits are currently available.

Adoption fees will be reduced for the entire month of November. Adult dogs more than 6 months of age are \$30; cats and kittens are \$10. In addition, cats and kittens are two-for-one; adopt one and take home a second feline friend at no

additional charge.

The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee, a \$500 package. Volunteers and staff are waiting to introduce a new family member. The adoption center is open from 10:30 a.m. to 3:30 p.m. Monday through Saturday, located at 5600 Banner Drive in Fort Myers. Visit www.leelostpets.com to see pets available for adoption. 以

SPORTS QUIZ

- 1. In 2019, Duke's Zion Williamson and RJ Barrett became the second set of freshman teammates to make The Associated Press' All-America First Team for men's basketball. Who were the first pair?
- 2. In 2018, the New York Yankees' Gleyber Torres became the fourth-youngest player (21 years, 163 days) in the modern-era major leagues to homer in four straight games. Name two of the three younger players.
- 3. Who was the last NFL quarterback before Jacksonville's Blake Bortles in 2018 to have more rushing yards than passing yards in a playoff game?
- 4. Name the last school before Florida State in 2017-18 to win the ACC Baseball Tournament two consecutive years.
- 5. Entering the 2019-20 NHL campaign, in how many seasons has Washington's Alex Ovechkin recorded at least 50 goals?
- 6. In 2019, Caeleb Dressel set a record at the world swimming championships for most medals (eight). With whom had he been tied at seven?
- 7. When was the last time before Brooks Koepka in 2019 that a golfer won the PGA Championship despite a final-round score of at least 74?

ANSWERS

2007 and 2011. 7. Vijay Singh, with a 76 in 2004 (he won in a three-way playoff). I. DeMarcus Cousins and John Wall of Kentucky, in 2010. 2. Miguel Cabrera (20 years, 362 days), Andruw Jones (21 years, 139 days) and Albert Pujols (21 years, 147 days). 3. Atlanta's Michael Vick did it in 2004. 4. Wake Forest in 1998-99. 5. Eight seasons. 6. Michael Phelps won seven medals in 2007 and 2011. 7. Viisu Singh with a 76 in 2004 flee won in a three-way playoff.







From left, Bill Robinson, David Arter, Amanda Curran, Valerie Tutor, Audry and Becky Mulka, Angela Larson Roehl, Kelly Huguenin, Kerri Maw, and Carol, Patrick, Ellory and Grace McCarley. Not pictured: Andre Arensman. photos provided

Island Realtors Do Their Part For The Community

he Sanibel & Captiva Islands Association of Realtors (SCIAR) recently completed a continuing education class, Environmental Considerations of Coastal Living.

Realtor members are required to complete continuing education classes to keep their licenses current. The association offers many classes, but a favorite of the members is the Environmental Considerations of Coastal Living taught each year by Kristie Anders, former education director for the Sanibel Captiva Conservation Foundation (SCCF) Though she retired last year, Anders has continued to teach island realtors about the history and importance of the barrier islands that make up this unique community.

The class consists of a tour of the Bailey Homestead Preserve, SCCF gardens, and a boat trip around Cayo Costa and Pine Island Sound. The association thanks Anders for her years of dedication to the local environment.

On September 19, the association held its monthly membership breakfast with guest speaker Angela Melvin, president of Valerie's House SWFL. The mission of the organization is to help children and families work through the loss of a loved one and go on to live fulfilling lives. Their vision is "that no child will grieve alone."

Realtor member Mike McMurray spoke about his personal connection to the group. He is an active volunteer and member of the board for Valerie's House. For more information, visit www.valerieshouseswfl.org.

Realtors are known for their passion for the community, and can be found volunteering all over Sanibel and Captiva islands. On September 21, the association partnered with Keep Lee County Beautiful to participate in the International Coastal Cleanup.

Thanks were given to the following realtors, affiliate business partners, family and friends for doing their part to help clean up the Sanibel Causeway Islands shorelines: Andre Arensman, David Arter, Amanda Curran, Kelly Huguenin, Kerri Maw, Carol, Patrick, Grace and Ellory McCarley, Becky and Audrey Mulka, Bill Robinson, Angela Larson Roehl and Valerie Tutor.



Standing from left, Marlene Donaldson, Kelly Sloan, Kathryn Gaeta, Ryan Orgera, Margaret and Lucas Stokes, Kristie Anders, Joni Stokes, Jennifer McSorley, Becky Mulka, Ken Colter, Evan duPont, Cristina Giufre, Bob Berning, Kerry Maw and Kelly Huguenin. Kneeling from left, Mary Bondurant, Patty Holston and Anna Turner.

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Tuesday, November 5

2:00 p.m. – 4:00 p.m. **Naples Daily News Community Meeting Room** 1100 Immokalee Road **Naples, FL 34110**

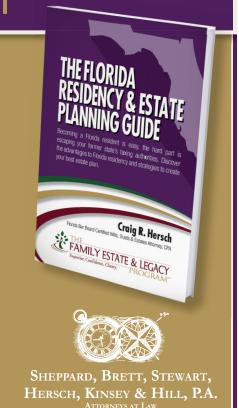
Thursday, November 7

10:00 a.m. - 12:00 p.m. **Sanibel Community House** 2173 Periwinkle Way Sanibel, FL 33957

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Mind Over Matter



by Kay Casperson

If you believe something to be true, it probably will be, so you should be careful where you let your mind go and protect your every thought along the way.

Let's bring this down to reality in your everyday life. There are circumstances that we come across daily that can change the way we or someone else thinks or feels at pretty much every glance.

Here is one example: You walk by someone, and you are pretty much the only other person they are walking by, whether it be on a path or in a building. This person completely ignores you while you are shooting off a great big smile and ready to say hello or good day. What do you do in this case? Do you take it personally, or do you continue on your way and feel good about your actions?

Another example is: You feel tired or worn down, on the verge of feeling sick, and you know you have so many things to accomplish. Do you give in to your body, or do you overcome by believing you are well, saying you are well, and pushing through until you can make it happen that day?

One more example is: You feel consistent bad energy from someone, but you are forced to run into this person regularly, either through work or social events. Do you run away the second you see them, or do you greet them with a smile on your face and extend kindness and a sincere greeting?

There are several more examples of instances we deal with regularly that are not warm, fuzzy and comfortable. I want you to understand that we have the power to control how we deal with these circumstances. Our minds are far more powerful than our bodies or actions. We can control the outcome of situations, and we can continue to make them positive, which in the end, will be better for you and for all those around you.

We have no idea what is going on in someone else's world, and it is not our responsibility to know or control that. We do, however, have complete control over our world, our mind and our actions. Regardless of how much you do not feel like cracking that smile, extending those kind words, or reaching out to someone who clearly does not care about you at the moment, just do it. I promise if you practice this, you will see an amazing difference in how you feel and how others react to you.

Remember that the body achieves what the mind believes, and you need to rule your mind, or it will rule you. These lessons are essential to living your most balanced and beautiful life now and for years to come.

My affirmation for you this week is:

"I acknowledge the power of my mind, and will act or react in the best way possible in order to have the most beautiful outcome."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.*

Is Life Stressing You Out?





by Ross Hauser, MD and Marion Hauser, MS, RD

The brain constantly processes information, sending signals to the body to stimulate or relax functions. We handle stress all day – happy, sad, exciting, or depressing news where we respond differently, trying to achieve a balance between two response systems. Constant stressors such as sleep deprivation, poor eating, bad relationships, loneliness, or lack of physical activity can lead to imbalances that may cause the fight-or-flight mode to become overly active.

Heart rate variability (HRV) measures the tiny variations between heartbeats. The autonomic nervous system controls these variations and regulates heart rate, blood pressure, breathing and digestion. Two parts of the ANS are sympathetic and parasympathetic responses

Measuring HRV assesses body balance, stress, fitness levels and tracks

health goal progress. Excessive stress lowers variation between heartbeats, conversely, a more relaxed state shows a higher HRV, revealing stronger ability to handle stress. Higher HRV equals a healthier autonomic nervous system and faster ability to compensate, showing strength and resiliency.

Research shows low HRV correlates to anxiety, depression and cardiovascular risk. Higher HRV correlates with cardiovascular fitness and the ability to handle stress. HRV shows how life is affecting your health. Measuring it will help you work towards becoming healthier.

We use the Elite HRV app downloaded to your computer or Android/Apple device with the CorSense HRV fingertip monitor. Take home readings measuring morning readiness, as well as how various activities affect your HRV. We also offer a more sophisticated analysis at our Caring Medical office in Fort Myers.

Improve your HRV by incorporating mindfulness, meditation, prayer, adequate sleep, healthy eating, walking your dog, petting your animals, positive conversations and thoughts, strong faith, self-love, essential oils and regular physical activity, as well as treating any underlying structural pain conditions which can also zap your HRV. You only live once!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.



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Disgusting Tricks In Your Treats

by Suzy Cohen, RPh

ear Readers: A lot of parents plan special outings and trick-or-treating events for the kids on Halloween. I used to do that too, even decorating the house a little bit. But today, I'm not really fond of

skeletons and morbid spiders and whatnot.

Speaking of whatnot, you already know how much I despise the pushing of unnecessary, toxic chemicals on us, right? But there's something even more revolting. It's the government handbook called The Food Defect Action Levels. This guidebook spells out exactly how much mold, rat hair, maggots, parasites and bug parts can go into our food. It's shocking how generous these limits are!

If you just want to eat your food and keep your head in the sand, here's your cue to stop reading me and turn to the comic section. If you have a morbid curiosity of what the FDA shamelessly allows us to eat, then read on.

One peanut butter sandwich (approximately 100 grams of peanut butter) could have 30 or more pieces of insect parts on it. (Now, I know that is gross, and I also know that no amount of

jelly will allow you to unsee that visual so I'm sorry I've messed with your brain. FYI, the jelly drama is about to get worse.)

Carmine – Carmine is a lovely word to use, as it flows off the tongue so beautifully, but it comes from boiling up some beetles. It's a beautiful red dye, that adds color to some popular brands of red/ purple jelly and frosting. I warned you it was going to get worse. Carmine is found in millions of different foods, candies and especially lipsticks. You may see it as 75470 or E129, or the most deceptive of all, "natural red 4." These are all code for carmine. Starbucks was pressured to get rid of the buggy colorant from their beautiful Strawberry Frappaccino.

Cockroaches – The FDA approves of cockroach and other bug parts in chocolate bars and liquours. The FDA lets them put on an average 60 insect pieces into every 100 grams of chocolate. This is considered safe for consumption by the FDA. Egad! Remember these bugs carry pathogens such as salmonella, E Coli and

Gelatin - Gelatin is a tasteless compound (actually a protein) that is used to thicken candy, and also lots of foods and drinks. It comes specifically from prolonged boiling of animal parts like skin, bones, connective tissue and cartilage. It is usually pork derived, but can also come from pigs, chicken, cows and fish. Shellac – Shellac is a resin that is

excreted by the female lac bug. The bug poop is processed and dissolved in alcohol that then makes it a liquid shellac, which can then be used as a food glaze or dye. You'll find it on gobs of candy including

candy corn, Raisinets, Tootsie Rolls, Junior Mints, Sugar Babies and jelly beans. It's used widely in the dietary supplement and pharmaceutical industry.

These additives are not considered "unsafe," however they are gross, unnecessary additives that should not be so rampant in our food supply. The FDA should reduce the acceptable allowances

and closely regulate food makers so we don't have to eat so many nauseating things!

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzvCohen.com.₩

Got A Problem? Dr. Connie Is In



by Constance Clancy

O: Why do people try to control others?

A: Control is a way to have power over others through fear. We control out of fear. Fear can emerge from distrust of self and

others, therefore, we feel overwhelmed and helpless, thus control.

One way to reduce the amount of control is to work on accepting that, at times, it's natural to feel fear. Author Ram Dass invites us to invite the fear in for tea. I agree. Talk with your fear and then let him/her know the fear no longer serves you and you are moving on. The only thing you will control is yourself by learning to feel in control as opposed to out of control because that is when the

fear and anxiety come in.

Once you can learn to trust yourself, it will be easier to control less and trust more. When things don't always work out the way we want them to or expect them to, trust that the universe has something better planned and you don't have to try and control anyone. Trust the process.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or

Overeaters Anonymous

Tf food is a problem for you, Overeaters Anonymous can help. Meetings Lare held in Room 130 at Sanibel Community Church on Tuesdays from 5 to 6 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfloa.org.

Sanibel Community Church is located at 1740 Periwinkle Way.☆









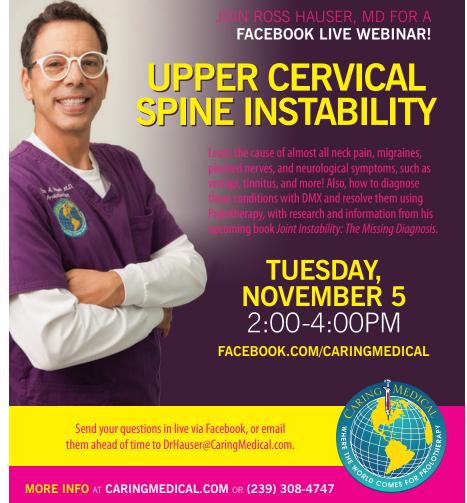


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Angel Flight SE	IGEL 3744 1189 5900 ii.org 3644 5920 4775 0404 8994 6940 8334 7299 .com 6940 9232 9332 0417 0836 4823 0141 .o.org 22866 6940 .club 0819 7291 22040 22040 240
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To be listed in calling card email your information to: press@islandsunnews.com

PETS OF THE WEEK

Lee County Domestic Animal Services

Cami And Autumn



Cami ID# A790764

'ello, my name is Cami. I am a 6-yearold female pit bull mix who is one of the volunteer and staff favorites. I have gone on field trips with staff during lunch and love car rides. In fact, they report that I am the perfect backseat driver. I am very well-mannered and quiet in my run. Staff members are baffled as to why no one has adopted me yet.

My adoption fee is \$10.

Hi, my name is Autumn. I am a beautiful tabby named for the colors in my coat. I am a 2-year-old female domestic shorthair who reminds staff members of a nice fall day. I am petite in size and in personality. My unassuming nature and big, brown eyes will win you over. I love to play with my toys and watch what the other cats are up to in our cat room. My inquisitive nature keeps me independently busy for hours.



photos provided

Autumn ID# A796823

My adoption fee is \$10, and you can get an additional kitty an no charge.

Pick your own "purr-fect" companion from the pet "pup-kin" patch in November. There are plenty of pets to "fall" in love with at Lee County Domestic Animal Services when visiting with the many cats, kittens, dogs and rabbits currently available. Adoption fees will be reduced for the entire month of November. Adult dogs more than six months of age are just \$30 to adopt; cats and kittens are \$10. In addition, cats and kittens are two-for-one; adopt one and take home a second feline friend at no additional charge.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or

call 533-7387.☆

Haven on Earth Animal League

Baby Grey And Peloton



Baby Grey

i There! We are Baby Grey and Peloton. While we aren't biological siblings, we've spent our entire lives together, so we would really like to get adopted together. Baby Grey is a 5-month-old male and Peloton is a 4-monthold female. We've been neutered and spayed and have all of our vaccinations. We are very playful and sweet.

Baby Grey likes to give kisses, and will cuddle and sleep with you -- just like a human child. Baby Grey needs a lot of attention and really needs to

have another kitty around to help keep him company and play with him. Peloton is very easy going. Baby Grey has extremely soft fur and feels like a marshmallow, while little Peloton is sleek and shiny. Peloton has a white tip at the end of her tail. Baby Grey is a little timid at first, but with a gentle touch, he warms up quickly. He is still learning not to chew on fingers, so he would do best in Peloton a home without small children.



We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.☆

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PUZZLES

Super Crossword

SHOWER

ACROSS

34 Pizzazz

35 Detective

game

45 Wedding-

related

49 Ms.

39 Actor Beatty

40 Neither mate

42 Falling-blocks

Brockovich

colada

50 Shock and

ACROSS

- 1 Guru's practice
- **5** Pre-(supplant)
- 9 Neighbor of Georgia
- **16** PC pic file 19 Bedouin, e.g.
- 20 Actor Max or Max Jr.
- 21 Situated at the bottom, as of the skull
- 22 Primo pitcher 23 Prisms, e.g.
- 25 Causing to go mad 26 Drink with
- crumpets 27 Region largely in southwest Poland
- 29 Big name in shapewear
- 30 Seating tiers 31 Banditseeking band
- 34 Future tense of "is"
- 36 Business agt. 37 "I smell --! 38 Objecting to
- 39 Car-towing 40 Kind of
- eclipse 42 Calm-

19

23

38

44

49

54

58

66

71

87

92

97

103

108

115

119

82

inducing drug 76 "Criminy!"

32 33

- 44 Stop nursing gradually 45 Actress Dana
- of "Invasion of the Body Snatchers 47 Cilantro
- 49 Concept 51 Witty remark
- 53 Covetous types 54 Act furtively
- **55** Custodial tool 56 University
- URL ending **57** "Nana" actress Anna 58 Bull features
- 59 Wood cutter 60 Oscarwinning title
- role for Mervl Streep **62** Sandy stuff
- 66 Load to bear 67 Encl. to
- facilitate a reply 68 — Lingus
- 69 Med. nation 70 Second baseman Robinson -
- **71** Phnom 72 Wearing old, torn clothes

20

45

72

98

104

109

116

120

34

55

59

74 911 VIP 75 Like old.

- 78 Winner's 79 The, to Fritz
- 81 Car tank insert
- 84 Like stars 86 Vacation destination 87 Takes out of a needle, as
- a filament 89 Cornhuskwrapped dish 91 Year, in Italy
- 92 Sea god of Greek myth 93 Old-time
- anesthetic 95 Thanksgiving side dish
- 96 Not far from 97 1980s Chrysler line
- 98 Ga. hours 100 Big game venues
- 102 In a strange way 103 "— it mv
- way" 104 Hauls (away) 106 Changed the
- label of 108 Millennia on end
- 109 Dewlap locales 111 Versatile worn clothes 115 Fr. holv woman

- 116 Picks up on hand gesture 117 After-bath powder
- 80 Hogs' homes 118 Slaty color 119 Danson of
 - 120 Bicolor 121 Do as told 122 Locality

DOWN

- 1 Bark shrilly 2 Gold, to Pedro
- 3 Lassie 4 Flock watcher in old Ethiopia?
- 5 Luxury Swiss watch brand
- 6 Cleared a path (for) 7 Pugilist from Xerxes' empire?
- 8 Ski course 9 "Scandal" network
- 10 Perfect-game pitcher Don 11 Kin of PDO 12 Superman's
- evil "mirror image' 13 Flaring dress 14 Bit of advice from a

dependency

36

69

79

native?

10

21

25

56

60

89

106

117

121

100

40

46

78

84

facility on Mount Everest? British crown

14

42 43

48

53

57

63 Doled (out) 64 Not outer

- 16 Big name in sports drinks 17 Cold zero-
- calorie drink 18 Ones eating lavish meals
- 24 Go quickly 28 Woody of film

15 Neighbor of

Chile: Abbr.

- 30 Really coming down (like it's doing in this
- puzzle?) 31 Hocking site
- 32 Private chat 33 Not operated nationally, as a lottery
- 35 Volleyball plaver on Prime Minister U
- Nu's team? 39 Barley bristle 41 Misbehave 43 Cover with
- concrete 46 Overdrink 48 Says no to
- 50 Says yes to 52 Bouquet 55 The folks
- 61 Research

37

70

91

96

118

122

80

102

- 65 Film with Lightyear
- **67** Traditional grub of Bangkok?
- 68 Gets old 73 Salt's "Stop!" 74 Hard, yellow cheese
- **75** Mao -tung 77 Sage mentor 81 Most crud-
- filled 82 Entertaining brief tale
- 83 Exerted great effort
- 85 Less typical 86 Sleep-stage acronvm
- 88 Michigan city 90 Mississippi River explorer
- 94 Go guickly 99 Artist Andrea
- del -101 "Swell!" 102 Not 'neath
- 105 Mexican nosh
- 107 Gray of R&B 109 Blasting aid 110 Cairo-to-
- Nairobi dir 112 Mentalist Geller
- 113 "King" Cole

64

112 113 114

114 Henna, e.g.

16 117

22

26

1 Lily variety 5 Homer's out-16 8 Wax-coated cheese 12 Bivouac 13 Individual 14 Field mouse 30 | 31 25 15 Memo acronym 33 16 Series of battles 17 Actor 40 McGregor 45 18 Fame 44 20 Faster hat 49 50 22 Stitch 23 Beast of burden 58 24 Commanded 27 Human-like 37 Star Wars robots act? 9 Fire some 32 In olden days 54 Shell game folks inits. 33 "No seats" 10 Wings 38 Raining item 55 Support 11 Common sign

King Crossword

DOWN 1 Cicatrix 2 Facility

57 Collection

56 Rind

38 Say it isn't so 58 Longings

- 3 Fed
- 53 Unspeakable 8 Nevertheless 36 Bit of grain
- 5 Earthward
- airstream budget KFC additive
- 21 Rowing need 24 "Humbug!' 25 Khan title 26 Period of inactivity

19 1927 Lind-

noun suffix

bergh book

- 4 Go up against 28 Gun lobby org. 29 Pessimistic
 - 30 Noise 31 Agent

- somewhat
- On the other hand
- 42 Office part-timer
- 43 Great Lake 44 1940 Laurel
- & Hardy film. - at Sea" 46 Tragic
- 47 Unsigned (Abbr.) 48 NASĆAR cir-
- cuits 51 Teensy

REMOVE THE $MAGIC\ MAZE\ lacktriangledown$ M'S TO MAKE A NEW WORD

V T O S N K H D A X T U R G P MJGDEAYXVSSONNK I F D A X M E V T D E I S Q O EMJHMFILEDRUCAY WCUACRPDBEMNLJ F D R B H Z N X D M R V T R Q GOEIEMLIMAKI M O OT Η G)B M YWLNPMAHCREPMAP V T U A S R O Q O T N L K W I

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

H F R E P M A C D C A Z X S W

Armrest Commerce Dimes Camper Champ Gamble Chimps Grammv

Palms Pamper Smoldering Smoothing

Summit Trimmed Unmended

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Answer on page 30B

SCRAMBLERS Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag! SUNLIT Ruild CAETER RECUSE System **SCOPERS** TODAY'S WORD

		3	8			4		
	8			3			5	
5					2			6
6				4			7	
		7			8			2
	9		6			3		
	6			5			8	3
		1	4					7
7					6	9		

SUDOKU

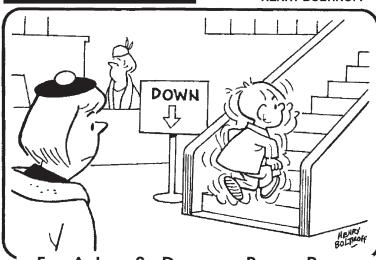
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

Answer on page 31B

HOCUS-FOCUS

BY **HENRY BOLTINOFF**



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



are missing. 6. Woman's hairstyle is different. 3. Woman's dress is black. 4. "Sale" sign is added. 5. Windows Differences: 1. Boy's Jacket is black. 2. "Down" sign is different.

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My Stars ★★★★

FOR WEEK OF NOVEMBER 4, 2019

Aries (March 21 to April 19) Caution dominates the Sheep's monetary aspect this week. Rams and Ewes might want to shear their big spending plans until a more favorable financial picture begins to emerge by week's end.

Taurus (April 20 to May 20) Thrift counts both at home and at work. So you might want to rethink major purchases or investments. Also, be wary of a so-called revelation about a previous decision.

Gemini (May 21 to June 20) Both household budgets and workplace accounts might benefit from some judicious trimming of unnecessary expenses. A partnership could lead to an unexpected challenge.

Cancer (June 21 to July 22) A previously overlooked opportunity could re-emerge with a new travel-related matter. Check this out carefully to see if it's what you really want before you decide one way or another.

Leo (July 23 to August 22) This could be the start of a new career-changing phase, so start marking down your many accomplishments for those who need to know how much you have to offer. Good luck.

Virgo (August 23 to September 22) It's not too early for the sometimes procrastinating Virgo to start making those long-distance travel plans. The sooner you decide where to go, when to go and how to go, the better.

Libra (September 23 to October 22) Financial matters once again figure in any major action you might take regarding career, travel or other endeavors. You'll want a ready reserve to help you back up those moves.

Scorpio (October 23 to November 21) Trying to resolve a problem in a personal relationship could be more difficult than you'd expected. Look into the possibility that someone might be interfering for his or her own reasons.

Sagittarius (November 22 to December 21) A project you once rejected might be more attractive because of changes that you feel you can now work with. The weekend is especially favorable to family matters.

Capricorn (December 22 to January 19) This is a good week for

ROCK, MULCH, PLANTS

the gregarious Goat to enjoy being with people you care for. You might even want to show off those creative kitchen

skills you're so adept at. **Aquarius** (January 20 to February 18) A colleague might think your attitude is patronizing or even outright insulting. True. That might be his or her problem. But you might want to take some reassuring steps anyway.

Pisces (February 19 to March 20) It's a good time to jettison those old concepts about a family matter you might have been holding on to. This will help make room for a new and more enlightened way of dealing with it.

Born This Week: You like to analyze a puzzling situation before you try to resolve it. This makes you excel at getting things done the right way.

MOMENTS IN TIME

• On Nov. 6, 1528, the Spanish conquistador Alvar Nunez Cabeza de Vaca is shipwrecked on a low sandy island off the coast of Texas. Starving, dehydrated and desperate, he is the first European to set foot on the soil of the future Lone Star state.

 On Nov. 10, 1775, a resolution, drafted by future U.S. president John Adams, creates the Continental Marines and is now observed as the birth date of the United States Marine Corps. The motto of the service is Semper Fidelis, meaning "Always Faithful" in Latin.

• On Nov. 7, 1914, while World War I rages in Europe, a new weekly magazine, The New Republic, is first published in the United States. Though its first issue sold only 875 copies, after a year the circulation reached 15,000. The New Republic still operates today as a weekly journal of opinion.

• On Nov. 8, 1951, Yankees catcher Yogi Berra is voted the American League's most valuable player. He went on to be the league MVP twice more, in 1954 and 1955.

- On Nov. 5, 1968, in one of the closest elections in U.S. history, Republican challenger Richard Nixon defeats Vice President Hubert Humphrey. Because of third-party candidate George Wallace, neither Nixon nor Humphrey received 50 percent of the vote.
- On Nov. 4, 1979, student followers of the Ayatollah Khomeini send shock

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waves across America when they storm the U.S. embassy in Tehran. The radical Islamic fundamentalists took 90 hostages.

• On Nov. 9, 1989, East German officials open the Berlin Wall, allowing free travel from East to West Berlin for the first time since 1961. The next day, celebrating Germans began to tear down one of the ugliest and most infamous symbols of the Cold War. The wall was built to keep a flood of refugees from fleeing Communist East Germany to the West.

STRANGE BUT TRUE

- It was Marquette University basketball coach and beloved national basketball commentator Al McGuire who made the following sage observation: "The world is run by C students."
 - There were no armadillos in Texas

until the 1840s.

- Many people think that adding cream to coffee makes it colder, but that's only partially correct. As it turns out, after cooling the coffee a little bit, the cream forms a layer of fat molecules across the surface, insulating the coffee and keeping it warmer longer.
- Those who study such things say that only about half the French-speaking people in the world actually live in France.
- After the Civil War, Varina Davis – widow of Jefferson Davis, president of the Confederacy – and Julia Grant – widow of Ulysses S. Grant, famed Union general and later president of the United Štates — ended up living near each other. According to historians, they became very close friends.
- On average, twins arrive 24 days earlier than babies from single births.
 - It's been claimed that it was

customary in Austria at one time for women to wear small dogs draped about their shoulders for warmth.

- You might be surprised to learn that the hula hoop was banned in some Indonesian cities. Why, you might ask? According to officials, the toy "awakens sensuality.
- In China, it is traditional for men do the knitting.
- According to anthropologists, if you'd never worn shoes, there would be a larger gap between your big toe and the rest of your toes.

THOUGHT FOR THE DAY

"Four be the things I am wiser to know: idleness, sorrow, a friend and a foe. Four be the things I'd be better without: love, curiosity, freckles and doubt.'

- Dorothy Parker

Manatee Awareness Month

ovember is Manatee Awareness Month. Save the Manatee Club invites everyone to celebrate Florida's beloved, iconic marine mammal and discover the challenges imperiled manatees face every day.

"The best way to protect manatees is for the public to learn about their plight and how protecting them is in all our best interests if we care about healthy aquatic ecosystems," said Patrick Rose, executive director of the club. "Whether passively observing the beauty of our waterways or actively engaged in water-related activities such as boating, fishing or diving, we should understand our role as responsible stewards of manatees and their habitat and how we can help protect those things we hold dear.

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ANNUAL RENTAL

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Palm Court Center 2418 Palm Ridge Road, Sanibel, Fl 33957 Highly visible ground floor space 980 square feet. Move in condition. Tips And Toez occupies until Nov. 1st. \$1,450/month. Landlord pays all common. Area maintenance. Call 239 472 6543 10/25 - TFN

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East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message.

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Professional lady who works at Bailey's is looking for seasonal rent, to share your home or apartment. Non-smoker. Non-drinker. Also will do cleaning.
I have a well behaved dog, who can stay in my room during working time. 207-350-1220. 10/25 🖈 11/1

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Cannondale F500 on Sanibel. Perfect condition \$300. Call 239-246-3394

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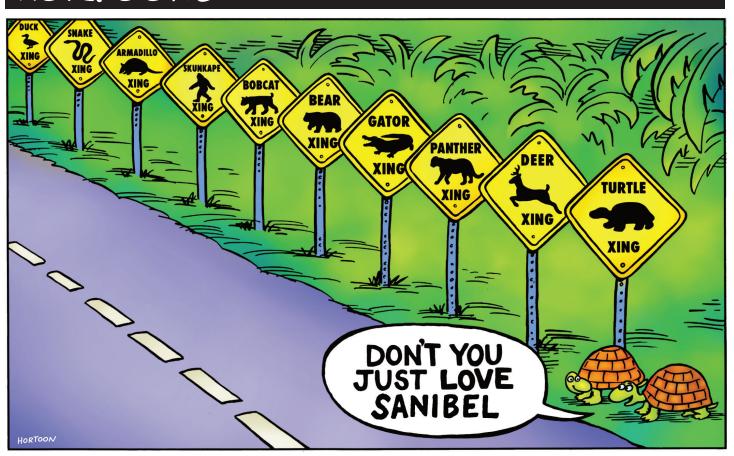
Sat., Nov. 2, 8 a.m. to 3:30 p.m. 3101 Island Inn Rd. Unit 6, Sanibel Refrigerator, Electric Stove, Microwave Oven, Stereo Equipment, Pictures, Dishes and Silverware, Pots and Pans, Tools, Clothes, Mirrors, and more

The public can help by obtaining the club's free waterway signage, boating banners and decals, waterway cards and educational posters. The shoreline property signs warn boaters to slow down for manatees and feature the Florida Fish and Wildlife Conservation Commission's hotline number (1-888-404-3922) to report sick, injured, orphaned or harassed manatees. Send requests for free public awareness materials via email to education@savethemanatee.org or call toll free at 1-800-432-JOIN (5646). Get more tips and resources at www. savethemanatee.org/boatertips.

Visit Save the Manatee Club's website at www.savethemanatee.org to learn more about manatees. Educational resources are also available for teachers and students. You can view manatee webcams at www.manatv.org to see manatees in real time during the winter months or year-round on archived video.

Another way to help is by adopting a living manatee through the Adopt-A-Manatee program. An annual manatee adoption starts at \$25, includes a color biography and life history of a real manatee, an adoption certificate, membership handbook and subscriptions to the club's newsletters, which feature updated reports on the manatees in the adoption program. To learn more, visit the adoption page of the website at www. savethemanatee.org/adopt.☆

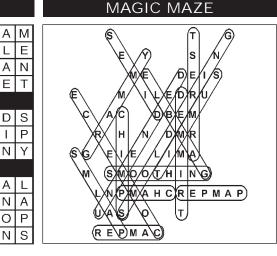
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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Willow Walk	Estero	2001	3,045	\$1,050,000	\$1,000,000	38
Gopher Walk	Sanibel	1999	2,279	\$995,000	\$955,000	243
Cape Coral	Cape Coral	2014	2,733	\$950,000	\$893,500	21
Banyan Cove	Estero	2001	3,583	\$899,000	\$820,000	180
Tamarind Trace	Estero	2000	2,670	\$820,000	\$775,000	23
Metes And Bounds	Sanibel	1957	960	\$800,000	\$689,000	47
Cape Coral	Cape Coral	1970	2,161	\$719,900	\$685,000	408
Caloosa Yacht & Racquet Club	Fort Myers	1995	2,884	\$719,000	\$685,000	11
Palaco Grande	Cape Coral	1987	3,137	\$699,000	\$690,000	84
The Enclave	Fort Myers	2002	3,024	\$691,900	\$670,000	86



Sanibel Arms West #E2 at 827 East Gulf Dr

Easy-access 1st-level gulffront 2 bedrm with open updated kitchen, remodeled baths, washer/dryer, & years of excellent rental history in convenient on-site program with low condo & rental fees. Offered completely turnkey with bookings. \$849,000



Gulfside Place #222 at 1605 Middle Gulf Dr

Beach-facing 2nd-floor residential condo in private stand-alone tier. ~2,000 sq. ft., remodeled this year by **Tradewinds Custom Homes.** High-end finishes. Covered parking & storeroom below. Many amenities & on-site management. \$1,395,000



11245 Bienvenida Ct #102 in Gulf Harbour

Coronado condo, in gated country club community. Luxury lake-side villa with garage. ~2,800 sq. ft. Easyaccess 1st level. Prime private water views & many special features including gas cooking, storm shutters on lanai, & more. \$499,000



Pointe Royale #1102 at 1920 Virginia Ave

Spacious 2 bedrm with den/ office (or 3 bedrm). Expansive balcony. On 11th floor with stunning river views. Residential condo community with clubhouse, fishing pier, pool, tennis, & garage parking. Handy to downtown. \$299,000



1238 Isabel Dr in Sanibel Harbours

Just-renovated multi-level 5,000+sq.ft. pool home with elevator. On bay with dock/lift in nearby boat basin. General living areas include media rm with mini-kitchen. 4 bedrms 4.5 baths, 2 offices, butler's pantry, gas cooking plus 2 fireplaces. \$3,595,000



842 Limpet Dr in Shell Harbor

Easy-living ground-level fullyremodeled 3-suite home with upper loft too. Central great room with 2-story wall of windows overlooking spacious paver patio with pool & entertaining areas. Sea-walled deep-water canal, dock & lift. \$2,095,000



1558 Sand Castle Rd in The Dunes

Fixer-upper. Value here in lake/sunset views & split floor-plan. New metal roof in 2016, plus new front & back steps. 3 bedrms plus family rm. Neighboring home sold in May for \$1.075M, so lots of potential for buyer not afraid of doing updating. \$599,000



9448 Begonia Ct in Gumbo Limbo

Private lakeside semi-raised 1-level 3-bedrm 2.5-bath home with large waterside deck, new roof & HVAC, family rm with fireplace, high ceilings, & oversized 2-car garage with enormous ground-level concrete-block storeroom. \$599,000



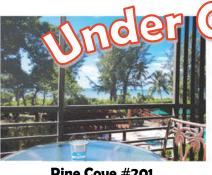
4566 Buck Key Rd in Sanibel Bayous

Handy to San-Cap Rd, near Bowman's Beach & Clam Bayou. Convenient to bike path, wildlife refuge, Sanibel school & recreation center. Tropical island lot for singlefamily home, nestled between two very nice properties. Well priced. \$149,000



Sanibel Square, Suite 3

239-472-HOME 888-603-0603 SanibelSusan.com



Pine Cove #201 at 2501 West Gulf Dr

Spacious ~2,550 sq. ft. gulffacing end-unit 3-bedroom condo. Private wrap-around balcony. Covered parking & storeroom below. Inside owners closets too. Earning excellent rental income & conveying with reservations & furnishings. \$1,395,000



898 Rabbit Rd in Windrow

~80' x 200' lot for singlefamily home at San-Cap Rd end of street next to neighboring church. **Convenient to Sanibel** shopping, bike path, refuge, school, & rec center. Gulf of Mexico beach at opposite end of street. \$170,000